

OUR SCHOOL DAY

Finch day	
Breakfast/ start of day	8.40 - 9.00
1	9.00 - 9.50
2	9.50 - 10.40
Break	10.40-11.00
3	11.00 - 11.50
4	11.50 - 12.40
Lunch	12.45 - 1.30
5	1.30 - 2.20
6 Skills building	2.20 – 2.35
Pit Peak and Praise	2.35 - 2.45

Each day is divided into 8 sessions, some shorter than others.

The day starts at 8.40 and students are invited to have breakfast if wanted. Breakfast consists of cereals or toast. This time also acts as a catch up period and tutor time for the students

The teaching day starts at 9.00. and a teaching period is 50 mins long. Each class has a Teacher and a TA support present in the class.

Supervised by staff, break and lunchtimes are for having a meal, catching up, relaxing, playing games together and in competition and getting some fresh air outside in our front garden. Students have a comfortable space both inside the building (The Zone) with beanbags, board games, books, quiet and reflection areas and outside in our garden badminton, short tennis, basketball etc... Break is for 20 mins and lunch is for 45 mins.

We provide hot and cold food with vegetarian options.

Staff supervise students from 8.40am each day, before this time responsibility for students is with parents/carers.

At the end of each day we complete two short sessions as a whole school where both our Breathing Space programme and our KS4 students come together to build skills such as memory training, topical news discussions, reading together etc.. finally we conclude our days reflecting on our day with 'Pit Peak and Praise' where all students participate in talking about the best and worst part of their and praising themselves or someone for something they acknowledge as positive.