

PSHE Curriculum

Parents/carers of those under 16 have the right to withdraw students from highlighted lessons

Year 7 Relationships

- 1 Intro to PSHE
- 2 Introduction to relationships
- 3 Making and keeping friends
- 4 Friendship Aristotle
- 5 Gossip & Rumour
- 6 Peer Pressure
- 7 Online friendships

Year 8 Relationships

- 1 Intro to PSHE
- 2 Positive Relationships
- 3 Assertiveness
- 4 Virginity
- 5 Good & bad relationships
- 6 Exploitation 1
- 7 Exploitation 2

Year 9 Relationships

- 1 Intro to PSHE
- 2 Varieties of relationships
- 3 Consent
- 4 Gender
- 5 Contraception
- 6 STIs
- 7 Online Relationships

Year 10 Relationships

- 1 Intro to PSHE
- 2 Diversity in attraction
- 3 Sex and consent
- 4 Metoo assault & harrasment
- 5 Rape Culture
- 6 Contraception
- 7 Abortion
- 8 Physical & emotional abuse

Year 11 Relationships

- 1 Intro to PSHE
- 2 Sex, Gender, Consent Summary
- 3 Contraception & Abortion Summary

Year 7 Health

- 1 Intro to health
- 2 the brain
- 3 puberty
- 4 sugar
- 5 smoking & legal drugs
- 6 alcohol
- 7 sleep & technology

Year 8 Health

- 1 intro to health
- 2 Beauty
- 3 Body image
- 4 drugs - cannabis
- 5 mental health - intro
- 6 Self Harm & Eating Disorders

Year 9 Health

- 1 Drugs intro
- 2 Why people take drugs
- 3 My story drink & drugs
- 4 Legal highs
- 5
- 6 FGM
- 7

Year 10 Health

- 1 Mental Health 1
- 2 Mental Health 2
- 3 Managing mental health
- 4 Body Image
- 5 Drugs, Gangs & County Lines
- 6 STIs
- 7 Pregnancy & Abortion

Year 11 Health

- 1 Drugs Summary
- 2 Mental Health Summary
- 3

Year 7 The Wider World

- 1 Racism
- 2 Combatting Racism
- 3 The Law
- 4 Online Safety
- 5 Work & Careers
- 6 End of yr7 Review
- 7

Year 8 The Wider World

- 1 Sexism
- 2 Combatting Sexism
- 3 Crime
- 4 Rights & responsibilities
- 5 Finance & Banking
- 6
- 7

Year 9 The Wider World

- 1 Homophobia & Transphobia
- 2 Combatting Trans & Homophobia
- 3 Ableism
- 4 Neurodiversity
- 5 Voting
- 6 Being a global citizen
- 7 Starting GCSES

Year 10 Wider World

- 1 The Media
- 2 The police
- 3 Extremism & Intolerance
- 4 Social Media & Indecent Images
- 5 Study Skills
- 6 Careers & Financial Decisions
- 7 Being a critical consumer

Year 11 Wider World

- 1 6th form choices inc taster lessons
- 2 Revision skills
- 3 mocks reflection
- 4