

Yr7 (KS3)	Topic Area	Knowledge/skills to be taught.	Resources/support at home
Autumn 1	Teamwork / Confidence building	<p>Carousel of summer sports / individual sports and team building activities. Emphasis on enjoyment, working together and healthy competition. Setting assessment to take place across half term 1 without overdue emphasis placed upon it - formal setting to be delayed until after half term (TBC based on guidance around rearranging groups within bubbles)</p> <p>Weekly sports allocated to year group bubbles to ensure no equipment is shared between year groups.</p> <p>A strong emphasis on Pupil health and well-being and careful consideration of the wide range of pupil experiences, and impact, throughout the lock down.</p>	<p>Extracurricular sports clubs - more staff allocated to ensure social distancing and effective cleaning of equipment takes place.</p> <p>Remote learning tasks set to encourage individual exercise outside of school.</p>
Autumn 2		<p>Advice and Risk for PE is ever changing and we await the latest guidance from AFPE before we are able to implement our normal curriculum (below). At the moment the plan is to continue with the above carousel of activities with the groups moving to the next activity every 3 weeks. We would certainly hope/expect to return to our normal curriculum from half-term.</p> <p>Throughout the Autumn Term pupils will be taught:</p> <p>Performance: Spatial Awareness/Keeping Possession through Invasion style activities: Technique Replication through Net Games. Aesthetic Movement through Expressive/Artistic activities.</p> <p>Leadership - Leadership Qualities</p> <p>Wider Knowledge H & F - Warm Up/Cool Down, Awareness of opportunities to participate.</p>	<p>Inter-college competition and expansion of EXC clubs offerings if guidance allows</p> <p>Extra-Curricular clubs - each year group (7-10) allocated a day. Specialized extracurricular training for Y10 and Y11 GCSE Groups</p>
Spring 1		<p>Throughout the Spring Terms Pupils will be taught:</p> <p>Performance: Technique Replication through Maximum Levels activities.Spatial Awareness/Possession through Invasion activities</p> <p>Leading a Warm up through Leadership activities.</p> <p>Leadership - Leadership Qualities</p> <p>Wider Knowledge H & F - Warm Up/Cool Down, Awareness of opportunities to participate.</p>	
Spring 2		<p>Throughout the Spring Terms Pupils will be taught:</p> <p>Performance: Technique Replication through Maximum Levels activities.Spatial Awareness/Possession through Invasion activities</p> <p>Leading a Warm up through Leadership activities.</p> <p>Leadership - Leadership Qualities</p> <p>Wider Knowledge H & F - Warm Up/Cool Down, Awareness of opportunities to participate.</p>	
Summer 1		<p>Throughout the Summer Terms pupils will be taught:</p> <p>Performance:Technique Replication through Maximum levels activities. Batting/Bowling/Fielding through Striking & Fielding activities.</p>	

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		<p>Leadership - Leadership Qualities</p> <p>Wider Knowledge H & F - Warm Up/Cool Down, Awareness of opportunities to participate</p>	
Summer 2		<p>Throughout the Summer Terms pupils will be taught:</p> <p>Performance:Technique Replication through <i>Maximum levels activities</i>. Batting/Bowling/Fielding through <i>Striking & Fielding activities</i>.</p> <p>Leadership - Leadership Qualities</p> <p>Wider Knowledge H & F - Warm Up/Cool Down, Awareness of opportunities to participate</p>	
Yr8 (KS3)	Topic Area	Knowledge/skills to be taught.	Resources/support at home
Autumn 1	Fitness / Healthy competition	<p>Carousel of summer sports / individual sports and team building activities. Emphasis on enjoyment, physical fitness and healthy competition. Setting assessment to take place across half term 1 without overdue emphasis placed upon it - formal setting to be delayed until after half term (TBC based on guidance around rearranging groups within bubbles)</p> <p>Weekly sports allocated to year group bubbles to ensure no equipment is shared between year groups.</p> <p>A strong emphasis on Pupil health and well-being and careful consideration of the wide range of pupil experiences, and impact, throughout the lock down.</p>	<p>Extracurricular sports clubs - more staff allocated to ensure social distancing and effective cleaning of equipment takes place.</p> <p>Remote learning tasks set to encourage individual exercise outside of school.</p>
Autumn 2		<p><i>Advice and Risk for PE is ever changing and we await the latest guidance from AFPE before we are able to implement our normal curriculum (below). At the moment the plan is to continue with the above carousel of activities with the groups moving to the next activity every 3 weeks. We would certainly hope/expect to return to our normal curriculum from half-term.</i></p> <p>Throughout the Autumn Term pupils will be taught:</p> <p>Performance: Attack & Defence through <i>Invasion style activities</i>: Selection of shot/variation <i>Net Games</i>. Aesthetic performance through <i>Expressive/Artistic activities</i>.</p> <p>Leadership - Employing qualities</p> <p>Wider Knowledge H & F - Benefits of Participation Awareness of opportunities to participate.</p>	<p>Inter-college competition and expansion of EXC clubs offerings if guidance allows</p> <p>Extra-Curricular clubs - each year group (7-10) allocated a day. Specialized extracurricular training for Y10 and Y11 GCSE Groups</p>
Spring 1		<p>Throughout the Spring Terms Pupils will be taught:</p> <p>Performance: Applying fitness components to performance through <i>Maximum Levels activities</i>.Attack & Defence through <i>Invasion activities</i> Leading a Warm up through <i>Leadership activities</i>.</p> <p>Leadership - employing Leadership Qualities</p> <p>Wider Knowledge H & F - Benefits of Participation Awareness of opportunities to participate.</p>	
Spring 2		<p>Throughout the Spring Terms Pupils will be taught:</p> <p>Performance: Applying fitness components to performance through <i>Maximum Levels activities</i>.Attack & Defence through <i>Invasion activities</i> Leading a Warm up through <i>Leadership activities</i>.</p> <p>Leadership - employing Leadership Qualities</p>	

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		Wider Knowledge H & F - Benefits of Participation Awareness of opportunities to participate.	
Summer 1		Throughout the Summer Terms pupils will be taught: Performance: Applying fitness components to performance through <i>Maximum levels activities</i> . Fielding/Positional play through <i>Striking & Fielding activities</i> . Leadership - Employing Leadership Qualities Wider Knowledge H & F - Benefits of participation Awareness of opportunities to participate	
Summer 2		Throughout the Summer Terms pupils will be taught: Performance: Applying fitness components to performance through <i>Maximum levels activities</i> . Fielding/Positional play through <i>Striking & Fielding activities</i> . Leadership - Employing Leadership Qualities Wider Knowledge H & F - Benefits of participation Awareness of opportunities to participate	
Yr9 (KS3)	Topic Area	Knowledge/skills to be taught.	Resources/support at home
Autumn 1	Fitness, introduction to leadership	Carousel of summer sports / individual sports and team building activities. Emphasis on enjoyment, physical fitness and healthy competition. Leadership activities to be introduced inline with new curriculum intents. Sports captains to be introduced to offer leadership opportunities. Setting assessment to take place across half term 1 - formal setting to be delayed until after half term at the earliest (TBC based on guidance around rearranging groups within bubbles) Weekly sports allocated to year group bubbles to ensure no equipment is shared between year groups. A strong emphasis on Pupil health and well-being and careful consideration of the wide range of pupil experiences, and impact, throughout the lock down.	Extracurricular sports clubs - more staff allocated to ensure social distancing and effective cleaning of equipment takes place. Remote learning tasks set to encourage individual exercise outside of school.
Autumn 2		Advice and Risk for PE is ever changing and we await the latest guidance from AFPE before we are able to implement our normal curriculum (below). At the moment the plan is to continue with the above carousel of activities with the groups moving to the next activity every 3 weeks. We would certainly hope/expect to return to our normal curriculum from half-term. Throughout the Autumn Term pupils will be taught: Performance: Positional play/tactics through <i>Invasion style activities</i> : Attack & Defence/Decision making <i>Net Games</i> . Aesthetic performance through <i>Expressive/Artistic activities</i> . Leadership - Utilising qualities Wider Knowledge H & F -Types of Training Awareness of opportunities to participate.	Inter-college competition and expansion of EXC clubs offerings if guidance allows Extra-Curricular clubs - each year group (7-10) allocated a day. Specialized extra-curricular training for Y10 and Y11 GCSE Groups
Spring 1		Throughout the Spring Terms Pupils will be taught: Performance: Personal Bests through <i>Maximum Levels activities</i> .Apositional Play/Tactics through <i>Invasion activities</i> Officiate through <i>Leadership activities</i> . Leadership - utilising/analysing Leadership Qualities	

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		Wider Knowledge H & F - Benefits of Participation Awareness of opportunities to participate.	
Spring 2		Throughout the Spring Terms Pupils will be taught: Performance: Personal Bests through Maximum Levels activities . A Positional Play/Tactics through Invasion activities Officiate through Leadership activities . Leadership - utilising/analysing Leadership Qualities Wider Knowledge H & F -Types of Training Awareness of opportunities to participate.	
Summer 1		Throughout the Summer Terms pupils will be taught: Performance: Personal Bests through Maximum levels activities . Rules & Tactics through Striking & Fielding activities . Leadership - utilising/analysing Leadership Qualities Wider Knowledge H & F - Types of Training Awareness of opportunities to participate	
Summer 2			