

WELL-BEING

Dear Parents / Carers,

I am writing to inform you about the return visit from Rap (Raising Awareness and Prevention Project): the workshops have been carefully designed to equip teenage girls and boys between the ages of 13-18 with the tools to avoid becoming a victim of rape and sexual assault.

These presentations are not about physical self-defence, sex and relationship education nor about intimidating teenagers **but are about empowering them with the common sense skills to be able take care of themselves and each other.**

The RAP Project focuses on real life cases, laws, statistics and guidelines. Consent, Online pornography and social media are also addressed. **There will also be a presentation for parents in the Summer Term.**

The two presenters Deana Puccio and Allison Havey .Deana is a former sex crime prosecutor from Brooklyn, New York, and is now the mother of three daughters living in London. Deana realised that there was a real need for this issue to be addressed in a way that would engage and captivate young women. Allison is a writer/TV news producer who has worked for amongst others, ABC News, Associated Press Television News, NBC News, and Fox Business News. Deana Puccio and Allison Havey have co-written the book, Sex Likes and Social Media. Talking to our teens in the digital age .

The presenters lead the 45-60 minute workshop promoting rape awareness and protection through an open dialogue with the girls and boys, a powerpoint presentation, real life case studies and interactive group discussions, time allowing. They will also include ways to look after yourself, making the right and safe decisions including E-safety problems with Twitter and Facebook. We have previously received positive feedback from students and staff in connection with the RAP presentation.

Year 10 students will be watching the presentation in their Wellbeing lessons on March 20th . Students were informed about the arrangements below in their wellbeing lesson on March 6th . There will also be a reminder on Go 4 Schools .

March 20th S Wing Hall

Year 10 Y period 1

Year 10 X period 5

If you have any questions or concerns about the Rap event, please do contact me at jjprinsley@fortismere.org.uk. If we do not hear from you by March 13th we will presume that you are happy for your daughter/son to watch the presentation.

Health Clinics

Ongoing support is also be available–Michelle Cohen is the NHS nurse allocated to Fortismere. She provides a student drop in service on Tuesday mornings between 8:00am -10:00am in South Wing

Students of all ages are welcome to come along and topics covered will include the impact of smoking and alcohol on health, nutrition, puberty, positive sleep patterns and the impact of social media on learning.. You might also like to look at our Digital Policy (available on the website) which contains information on the safe use of social media.

Thank you for your support.

Judith Prinsley
PSHE Coordinator