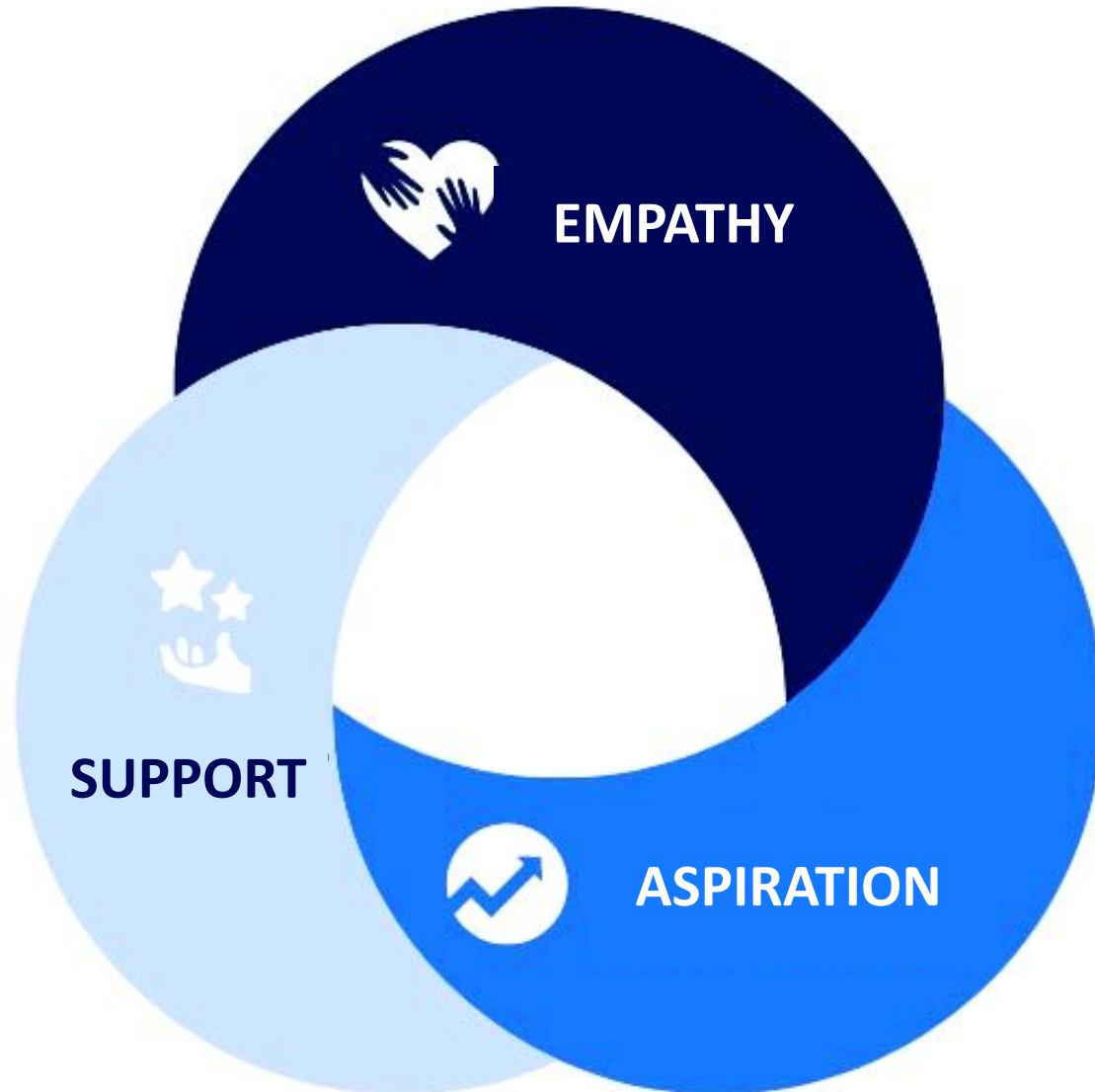




Form Tutor Presentation

TRANSFORMING LIVES THROUGH EDUCATION



MEET THE FORM TUTOR



The Role of the Form Tutor

- To be the first point of contact for student wellbeing.
- To deliver the pastoral curriculum.
- To monitor students for positive behaviours for learning, including attendance and punctuality.
- To meet students 1:1 to support their progress.
- To support students in exploring a range of options and pathways for next steps.
- To encourage students to get involved in super curricular and extra curricular activities.

TRANSFORMING LIVES THROUGH EDUCATION



The Pastoral Week

MON

ASSEMBLY (WK 2) / PSHRSE (WK 1)

A planned programme of assemblies alternates every other week with age appropriate lessons on mental and physical health, sex and relationships, and citizenship.

TUES

STUDY SKILLS

Information and activities to support you in developing successful learning habits and routines.

WED

FUTURES

Information and activities to help students to research and prepare for post-18 education and training, including direct, practical work on completing applications in the final term of Year 12.

THURS

1:1 MENTORING

Tutors use Thursday's form time to meet with students one-to-one, allowing you the opportunity to reflect on your progress and receive personalised guidance.

TRANSFORMING LIVES THROUGH EDUCATION



Life Lessons (Monday Wk 1)

Students learn an age and stage appropriate Personal, Social, Health, Relationships, and Sex curriculum in three strands. The strands are taught on rotation by tutors who are experts in their specific area.

Sex and
Relationships

Mental and
Physical Health

Wider World
and Citizenship

TRANSFORMING LIVES THROUGH EDUCATION



Study Skills (Tuesday)

The theme of this half term has been 'building independence', with study skills sessions focused on supporting students with the step up to Sixth Form study, including:

- Managing the leap to Sixth Form
- Organisational systems
- Time management basics
- Using study periods effectively
- Effective note taking strategies
- Wellbeing and Balance

TRANSFORMING LIVES THROUGH EDUCATION



Futures (Wednesday)

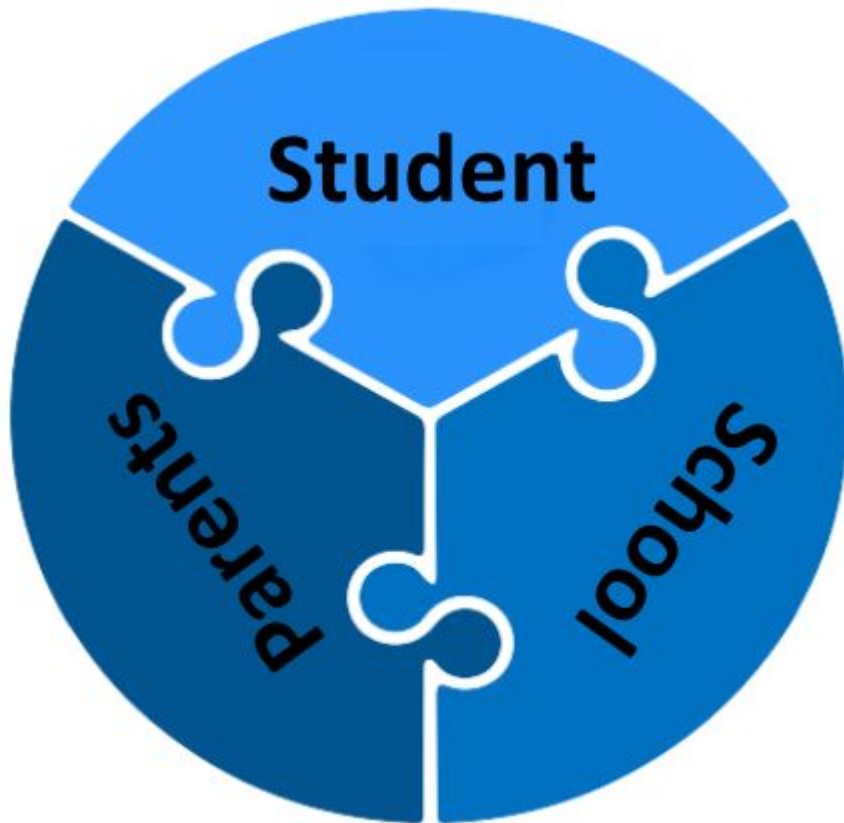
This half term students have been working through **the Sixth Form Toolkit** -- a series of sessions to support students in developing maturity and responsibility as young adults in the Sixth Form, including:

- Being a role model in school
- Using your phone responsibly
- How to email a school adult professionally
- Using a digital organiser or planner effectively
- Staying on top of emails and Google Classroom notifications

TRANSFORMING LIVES THROUGH EDUCATION



Communication is key!



Students do best when we are all working together consistently.

Form tutors are your first port of contact for pastoral worries or concerns, which they can pass on to the Sixth Form team and your child's teachers as needed.



Director and Deputy Director of Sixth Form's presentation

TRANSFORMING LIVES THROUGH EDUCATION

Purpose of this Evening



To enable home and school to work together to
support our young people in Year 12.

TRANSFORMING LIVES THROUGH EDUCATION



The Sixth Form Team

As a Sixth Form team, we work closely together to ensure that our students' time at sixth form is a successful, happy and fulfilling experience.

Ms Common

Director of
Sixth Form

Mr Kenny and Ms Bailey

Deputy Directors of
Sixth Form (Y12)

Mr Lewis Deputy Director of Sixth Form (Y13)

Ms Cockerham

Independent Learning
Co-ordinator

Ms Temple

Deputy Learning Manager

Ms Richard

Sixth Form Administrator

Ms Andreou

Careers Advisor

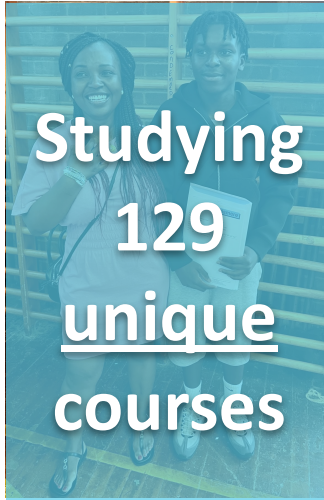
TRANSFORMING LIVES THROUGH EDUCATION



Fortismere Sixth Form is a high attaining, academic Sixth Form that is committed to bringing out the best in our students and preparing them for life after school - whatever next steps they aspire to!



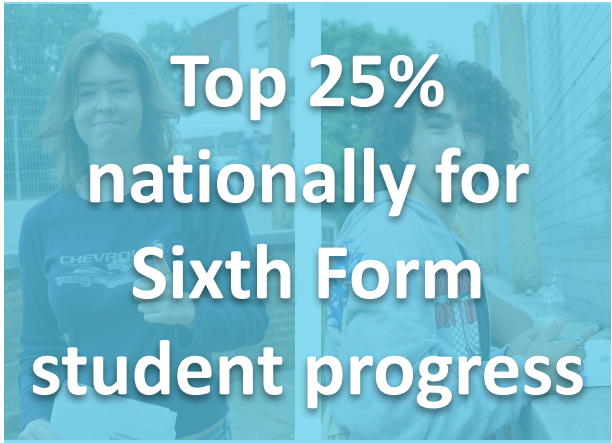
1 in 3
A Level grades
A or A*



Studying
129
unique
courses



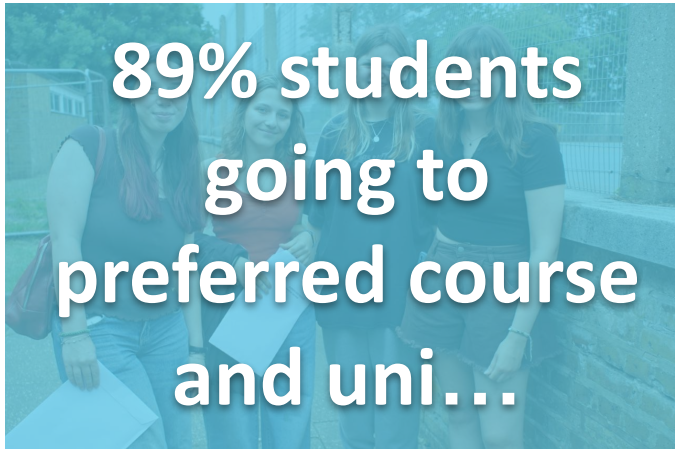
1 in 2 students going
on to Russell Group
universities



Top 25%
nationally for
Sixth Form
student progress

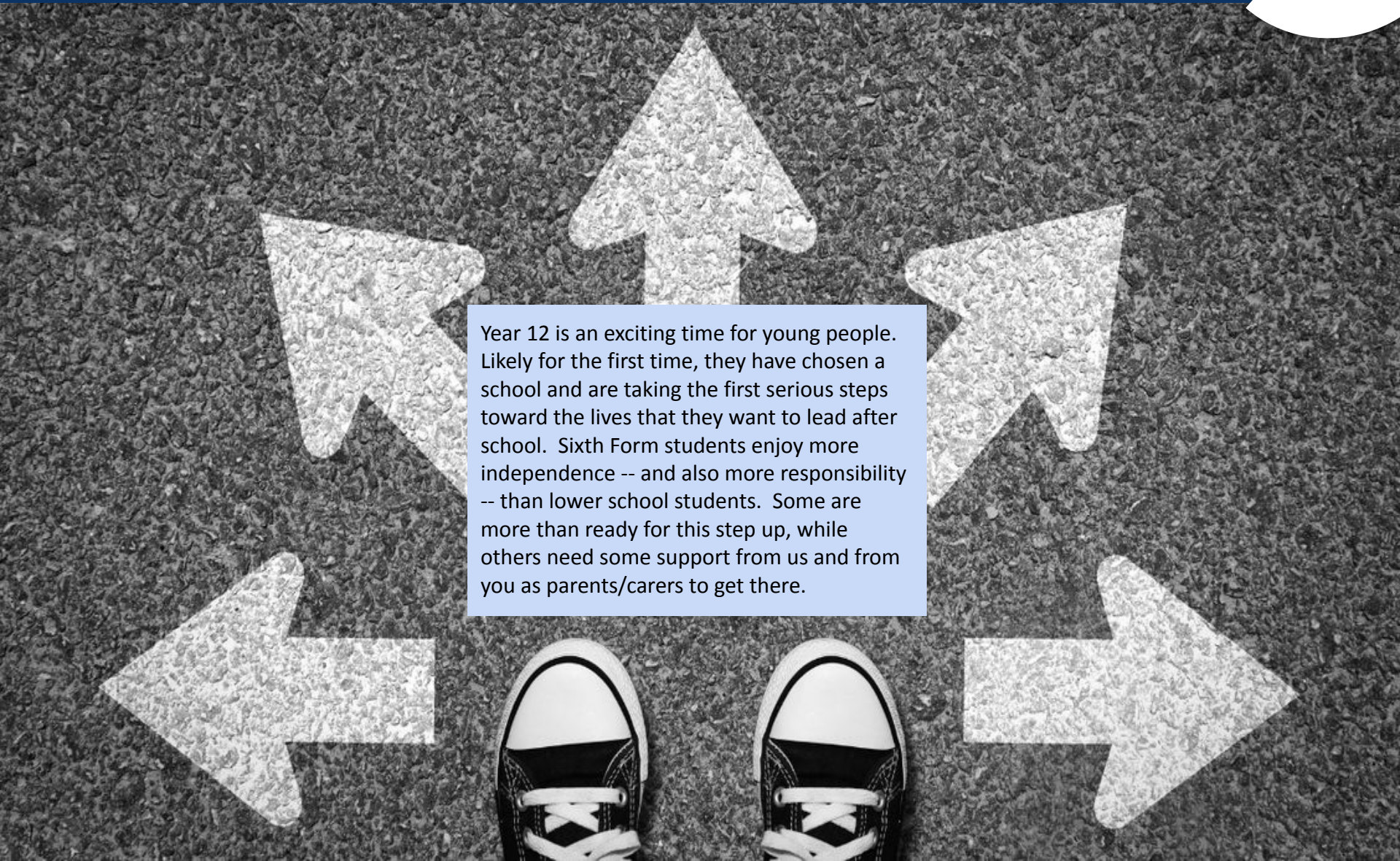


2 in 3
BTEC grades
Distinction



89% students
going to
preferred course
and uni...

TRANSFORMING LIVES THROUGH EDUCATION



Year 12 is an exciting time for young people. Likely for the first time, they have chosen a school and are taking the first serious steps toward the lives that they want to lead after school. Sixth Form students enjoy more independence -- and also more responsibility -- than lower school students. Some are more than ready for this step up, while others need some support from us and from you as parents/carers to get there.

TRANSFORMING LIVES THROUGH EDUCATION



Sixth Form Expectations

Be Ready

- Arrive on time
- Bring all equipment needed
- Do your homework and preparation for class

Be Respectful

- Use positive language at all times
- Dress appropriately
- Be tolerant of others

Be Safe

- Wear lanyards
- Move safely around the site and to and from school
- Careful use of social media

Be Kind

- To peers
- To staff
- To the wider community

The **fortismere** four

TRANSFORMING LIVES THROUGH EDUCATION



The Fortismere Four guide how we learn, work, and interact across the school. In Sixth Form, they take on added significance. We expect our Sixth Form students to lead by example, modelling these values for the rest of the school community.



Be Ready

Come prepared and on time for lessons, independent study, and tutoring. Independently manage time effectively and engage fully with learning.



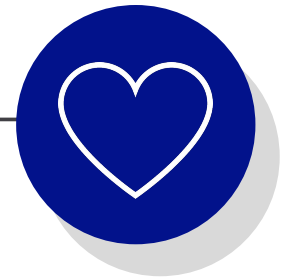
Be Respectful

Consistently treat teachers, support staff, and peers with consideration. Seek out opportunities to support younger students where possible.



Be Safe

Take responsibility for their own safety and that of others. Always wear their Sixth Form lanyard and act responsibly around the site, online, and in the local community. Speak up if they see something that is not right.



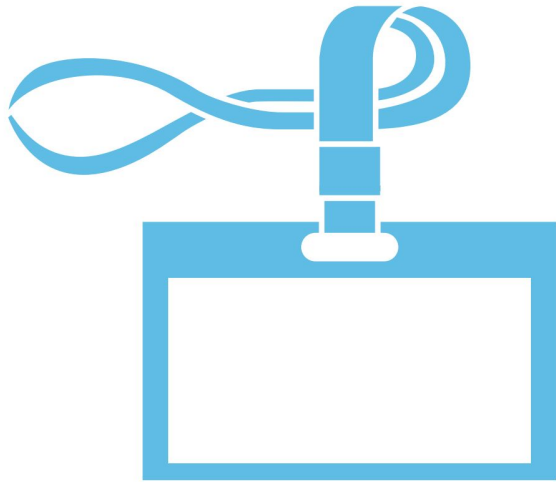
Be Kind

Show empathy and support to others. Lead initiatives, mentor younger students, volunteer, and contribute to the wider life of the school.

TRANSFORMING LIVES THROUGH EDUCATION

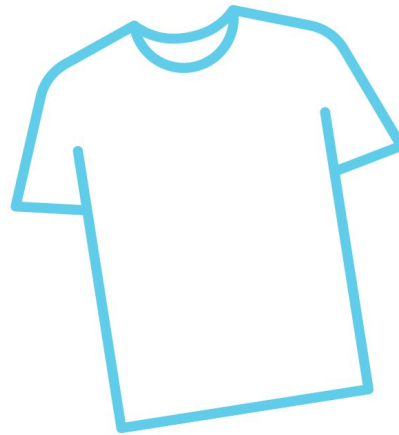
Sixth Form Expectations

Most of the conversations we have with students about expectations in school relate to the three areas below!



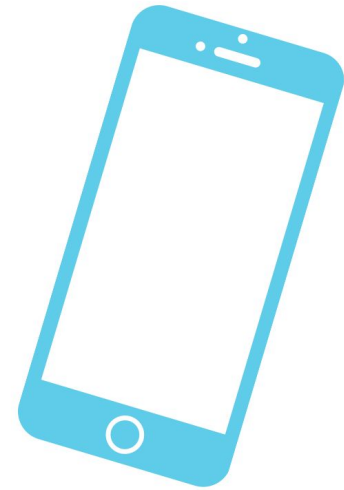
Lanyards

It is very important that our increasingly adult looking Sixth Formers are wearing their lanyards **every day, all the time** to show they are members of our school community.



Dress Code

Students are expected to wear an unbroken line of clothing from shoulder to mid-thigh, sensible footwear, and no offensive slogans or symbols.



Phones

Students are allowed to use their phones **inside Tetherdown or under the direction of a teacher**. Their phones should not be in sight around lower school students/in lower school areas.

TRANSFORMING LIVES THROUGH EDUCATION

ATTENDANCE
MATTERS
EVERY
SCHOOL DAY
MINUTE
COUNTS

The aim is **95% attendance**, including all absences -- even when there is a good reason!

The research is clear:
**Every 5% lost after 95% =
a full grade lower in their
final exams.**

Last year, students with
95%+ attendance achieved
on average a grade above
target in their A Level exams.

TRANSFORMING LIVES THROUGH EDUCATION



Monday to Thursday

Time	Duration	Activity
8.35	60 mins	Period 1
9.35	65 mins	Period 2
10.40	20 mins	Break
11.00	60 mins	Period 3
12.00	65 mins	Period 4
13.05	45 mins	Lunch
13.50	20 mins	Tutor Time
14.10	60 mins	Period 5
15.10		School Ends for Students

Friday: Condensed School Day

Time	Duration	Activity
8.35	60 mins	Period 1
9.35	60 mins	Period 2
10.35	15 mins	Short break
10.50	60 mins	Period 3
11.50	60 mins	Period 4
12.50	40 mins	Lunch time
13.30	60 mins	Period 5
14.30		School Ends for Students

TRANSFORMING LIVES THROUGH EDUCATION



Punctuality matters!
Lost minutes = lost learning.



TRANSFORMING LIVES THROUGH EDUCATION



Mental Health Support and Safeguarding



DSL: Ms Sullivan

[safeguarding@
fortismere.org.uk](mailto:safeguarding@fortismere.org.uk)



DDSL: Ms Common



DDSL: Ms Bailey



“High achievement always
takes place in the framework
of high expectations.”

Charles F Kettering

TRANSFORMING LIVES THROUGH EDUCATION

The original school motto of Tollington School, in whose building the Sixth Form is based, is still essentially what we expect of students today:



“By virtue and by labour.”

- We expect students to show respect and kindness to your peers, younger students, teachers, support staff and Sixth Form spaces.
- We expect students to put their best effort in and seek feedback on how to improve.

TRANSFORMING LIVES THROUGH EDUCATION



Teaching and Learning

Students study a wide range of subjects, supported by subject specialist teachers in specialist teaching areas.

Teachers use a wide range of activities and teaching styles as best fits the subject and class.

Regular assessment (informal and formal) is used by teachers and the wider Sixth Form team to identify areas of strength and development, as well as students who need further support across multiple subjects.

TRANSFORMING LIVES THROUGH EDUCATION



Although it seems impossible to believe, it is already only **5 terms** until students will be sitting their end of Year 13 exams!



TRANSFORMING LIVES THROUGH EDUCATION



Teaching and Learning

Independent Learning

$$1 + 1 = 11$$

Students are expected to spend **1 hour working independently** for every **1 hour of class time** they have in a given subject across a week. Doing this consistently **will** lead them to meet and exceed their target grades by the end of Year 13.

**This works out to roughly 15 hours of
work outside of lessons per week.**

See the next few slides for ideas on how these 15 hours might fit into a student's schedule!

FORTISMERE SIXTH FORM

Study Skills: Building Independence

A good schedule if they typically do a lot of sport on the weekend or like to spend their weekends resting/socialising with friends.

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Period 1	Hr 1 Hr 2	Subject 2 Lesson	Hr 7 Hr 8	Subject 1 Lesson	Hr 13 Hr 14	Work shift or Extra-curricular	Rest or socialise
Period 2							
Period 3	Subject 1 Lesson	Hr 4 Hr 5	Subject 2 Lesson	Subject 3 Lesson	Subject 3 Lesson		
Period 4							
Period 5	Subject 3 Lesson	Subject 1 Lesson	Hr 9	Hr 11	Subject 2 Lesson	Rest or socialise	Rest or socialise
Afternoon	Hr 3	Hr 6			Hr 10		
Evening			Rest or socialise	Work shift or Extra-curricular			

FORTISMERE SIXTH FORM

Study Skills: Building Independence

A good schedule if they like to spread their work out, doing little and often, rather than having a very busy week.

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Period 1	Rest or socialise	Subject 2 Lesson	Rest or socialise	Subject 1 Lesson	Hr 9	Work shift or Extra-curricular	Hr 14
Period 2	Hr 1				Hr 10		Hr 15
Period 3	Subject 1 Lesson	Hr 4	Subject 2 Lesson	Subject 3 Lesson	Subject 3 Lesson	Hr 11	Work shift or Extra-curricular
Period 4		Hr 5					
Period 5	Subject 3 Lesson	Subject 1 Lesson	Hr 6	Hr 8	Subject 2 Lesson	Hr 12	Rest or socialise
Afternoon	Hr 2	Rest or socialise	Hr 7	Rest or socialise	Rest or socialise	Hr 13	
Evening	Hr 3	Work shift or Extra-curricular	Rest or socialise	Work shift or Extra-curricular		Rest or socialise	

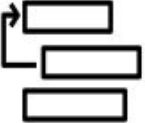
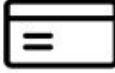
FORTISMERE SIXTH FORM

Study Skills: Building Independence

A good schedule if they are a bit slower getting going in the mornings but have lots of energy in the afternoons/evenings.

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Period 1	Rest or socialise	Subject 2 Lesson	Rest or socialise	Subject 1 Lesson	Rest or socialise	Work shift or Extra-curricular	Rest or socialise
Period 2							
Period 3	Subject 1 Lesson	Hr 3	Subject 2 Lesson	Subject 3 Lesson	Subject 3 Lesson	Rest or socialise	Work shift or Extra-curricular
Period 4		Hr 4					
Period 5	Subject 3 Lesson	Subject 1 Lesson	Hr 6	Hr 8	Subject 2 Lesson	Hr 11	Hr 14
Afternoon	Hr 1	Hr 5	Hr 7	Hr 9	Hr 10	Hr 12	
Evening	Hr 2	Work shift or Extra-curricular	Rest or socialise	Work shift or Extra-curricular	Rest or socialise	Hr 13	Hr 15

There is always something a Sixth Form student should be doing -- no matter how many times they might tell you they "don't have any work"! Here are some ideas for independent learning activities when they have finished all their assigned homework.

After the Lesson – 60 mins	At the end of a Topic/Chapter – 90 mins	At the End of the Unit – 120 mins +
REVIEW YOUR NOTES  - Highlight key terms covered in class. - Write these in the GLOSSARY books as provided with your teachers.	REVIEW YOUR NOTES  Compare to the spec to see if you have any gaps in your notes.	REVIEW YOUR NOTES  Compare the questions in the tests to the spec. to see if you have any gaps in your notes.
CHECK YOUR UNDERSTANDING  Use the questions at the end of every chapter to test your understanding.	FILL IN ANY GAPS YOU HAVE.  - Ask your teachers for any sheets that you have failed to complete. - Review the information using the text book.	FILL IN ANY GAPS YOU HAVE.  - Access resources on Google Class to review the information. - Remind your teachers to add the resources here if they haven't done so
CHECK YOUR TEXTBOOK  Use your textbook and the resources on Google Class at what you don't get to see if that clarifies it.	WRITE A SUMMARY  - Complete a mindmap of the information - Use your CLASSNOTES to fill in the information.	APPLY TO AN EXAM QUESTION  - Access questions on through Google Classroom or exam board websites - Complete a section of questions per topic
WRITE A SUMMARY  Get into the habit of summarising the main elements covered in the lesson that day. Include specialist language evidence and examples	CHECK YOUR UNDERSTANDING  - Complete a blank paper test. - Complete the end of chapter tests	PRIOTISE THE TOPICS  Use your checklist to assess your level of confidence in each topic/chapter
POST IT NOTE REMINDERS  Make a note of the parts you are not sure on to remind you to ask your teacher in the next lesson.	ASK FOR HELP  - See your teacher for help with anything you are not sure on or don't understand. LIST KEY IDEAS AND SCHOLARS  - Write a profile of any scientists that may have been covered in the lesson.	ASK FOR HELP  See your teacher for help with anything you are not sure on or don't understand.

TRANSFORMING LIVES THROUGH EDUCATION



Teaching and Learning



Independent Learning

Every subject has produced a subject handbook with advice on appropriate wider reading/engaging beyond the curriculum that is linked by QR code in the Sixth Form study rooms.

Students can also use the resources signposted in these to support their independent learning.

TRANSFORMING LIVES THROUGH EDUCATION



The “Super-curriculum”

Making the most of their lessons and beyond



Further reading
MOOCs
EPQ
Taster lectures
Trips
Work Experience
& more...

TRANSFORMING LIVES THROUGH EDUCATION



Careers and university planning

Unifrog is a platform we subscribe to through which students explore different careers, arrange virtual work experience, attend online courses, and are guided to complete their personal statements for application to university, apprenticeships, and other future opportunities.

Quizzes	Exploring pathways	Recording what you've done	Searching for opportunities	Drafting application materials	Making applications
Interests profile	Careers library	Activities	UK universities	UK Personal Statement	Post 18 Intentions
Personality profile	Subjects library	Skills	US universities	Classes	Locker
Work environments profile	Know-how library	Interactions	European universities	Subject References	Applications list
Skills profile	MOOC		Oxbridge	CV / Resumé	
	Webinars		Canadian universities	Writing tool	
	Read, Watch, Listen		Asian universities	Common App Essay	
			Australasian universities	US recommenders	
			MidEast and Africa unis	Notes for Reference writers	
			Irish universities		
			Special Opportunities		
			Events		



TRANSFORMING LIVES THROUGH EDUCATION



unifrog for parents

- Unifrog are launching parental accounts this week
- We will let you know via parentmail when everything is ready on our side for you to create your account
- By using the parent email that we have recorded on our school database you will link with your child's account.
- You will then be able to research using the same tools as your child, and also monitor their engagement with the platform.

TRANSFORMING LIVES THROUGH EDUCATION



How can you best support your child?

- Have regular conversations with them about their Sixth Form experience.
- Encourage them to access all the support and extra opportunities that are available to them.
- Support your child with self-regulating to maintain a healthy balance of school work, paid work, sleep, exercise, socialising.
- If in doubt, get in touch!

TRANSFORMING LIVES THROUGH EDUCATION

Have regular conversations with them about their Sixth Form learning.



TRANSFORMING LIVES THROUGH EDUCATION



Contacting the Sixth Form

Ms Richard (Sixth Form Administrator)

First port of call for reporting absence/general questions in the Sixth Form.



If you have any questions regarding the sixth form please contact us

Email: SixthForm@fortismere.org.uk or **Request a call back** by completing [this form](#)

Ms Common - lcommon@fortismere.org.uk

Ms Bailey - lbailey@fortismere.org.uk

Mr B Kenny - bkenny@fortismere.org.uk

Ms Cockerham - cockerham@fortismere.org.uk

Ms Temple - etemple@fortismere.org.uk