

WEEKLY

MENU

Fortismere School - Week One Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Sausages with Garlic & Herb Wedges

Beef, Cumin & Coriander Wrap served with Pepper Rice

Rosemary & Garlic Roasted Pork Shoulder, Roast Potatoes & Roast Gravy

Beef Lasagne served with Garlic and Herb Bread

Fish-and-Chip Shop Style Battered Fish & Chips

Vegetable Spring Roll with Garlic & Herb Wedges

Bean, Cumin & Coriander Wrap served with Pepper Rice

Sweet Chilli Vegetable Stir Fry & Rice

Vegetable Lasagne served with Garlic and Herb Bread

Cheese & Onion Slice, Tomato Salsa & Chips

Sauteed Peas & Corn

Cauliflower & Tomato Gratin

Roasted Root Vegetables

Cumin Seed Beans & Broccoli

Peas or Baked Beans

Jacket Spud & Pasta Bar Selection of Fresh Fillings & Sauces

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Hand Made Vanilla Sponge with Lemon & Lime Custard

Hand Made Chocolate Cake with Hot Chocolate Sauce

Fruit Sponge with Creamy Custard

Zesty Lemon Curd Cake with Creamy Custard

Hand Crafted Chocolate Brownie

Available daily

Selection of Freshly Prepared Sandwiches, Baguettes & Wraps
Fresh Fruit Pots, Pasta Pots and a wide range of drinks.

