WEEKLY

Fortismere School - Week 1

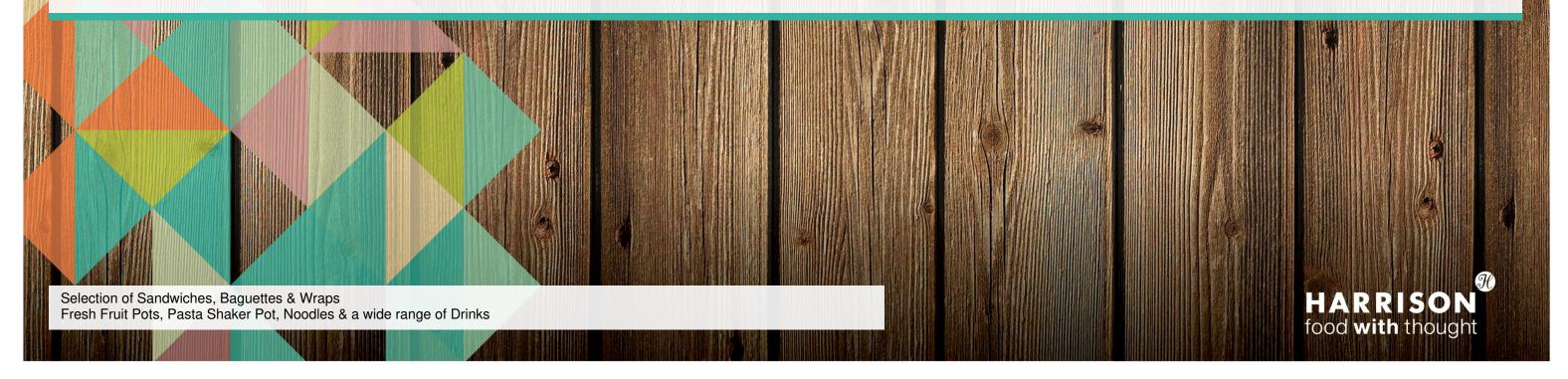
Tuesday

Monday

Wednesday

Thursday

Piri-Piri Chicken Thigh Style served with Steamed Turmeric Rice	Beef Bolognese served with Penne Pasta & Garlic Slice	Traditional Roast Gammon served with Roast Potatoes & Gravy	Slow Cooked Chicken Puttanesca served with Steamed Rice
Vegetarian Jambalaya & Mixed Beans	Baked Polenta with Sliced Cherry Tomato & Spinach	Roast Butternut Squash on a Bed of Cannelloni Beans Tart	Stuffed Pepper with Roasted Root Vegetable, Coriander & Rice
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Jacket Potato with a Choice of Baked Beans, Tuna Mayo & Mature Cheddar	Jacket Potato with a Choice of Baked Beans, Tuna Mayo & Mature Cheddar	Jacket Potato with a Choice of Baked Beans, Tuna Mayo & Mature Cheddar	Jacket Potato with a Choice of Baked Beans, Tuna Mayo & Mature Cheddar
Marble Sponge Cake	Vanilla Sponge Cake served with Custard	Apple Crumble served with Custard	Coconut Flapjack





Battered Fish & Chunky Chips

Indian Style Vegetarian Spring Roll with Chips

Garden Peas or Baked Beans

of Jacket Potato with a Choice of Baked Beans, Tuna Mayo & Mature Cheddar

> Fruit of the Forest Sponge Cake served with Custard