

WEEKLY

MENU

Fortismere School - Week 1

Monday

Piri-Piri Chicken Thigh Style
served with Steamed Turmeric
Rice

Vegetarian Jambalaya & Mixed
Beans

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Marble Sponge Cake

Tuesday

Beef Bolognese served with
Penne Pasta & Garlic Slice

Baked Polenta with Sliced
Cherry Tomato & Spinach

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Vanilla Sponge Cake served
with Custard

Wednesday

Traditional Roast Gammon
served with Roast Potatoes &
Gravy

Roast Butternut Squash on a
Bed of Cannelloni Beans Tart

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Apple Crumble served with
Custard

Thursday

Slow Cooked Chicken
Puttanesca served with
Steamed Rice

Stuffed Pepper with Roasted
Root Vegetable, Coriander &
Rice

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Coconut Flapjack

Friday

Battered Fish & Chunky Chips

Indian Style Vegetarian Spring
Roll with Chips

Garden Peas or Baked Beans

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Fruit of the Forest Sponge
Cake served with Custard

Selection of Sandwiches, Baguettes & Wraps
Fresh Fruit Pots, Pasta Shaker Pot, Noodles & a wide range of Drinks