WEEKLY

## Fortismere School - Week 1

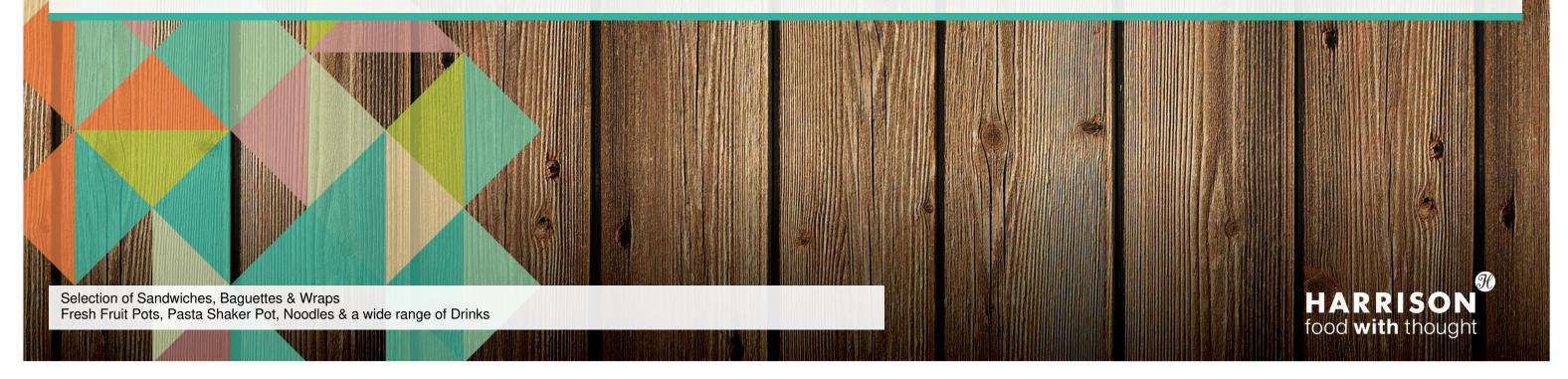
Tuesday

## Monday

## Wednesday

Thursday

| Piri-Piri Chicken Thigh Style<br>served with Steamed Turmeric<br>Rice        | Beef Bolognese served with<br>Penne Pasta & Garlic Slice                     | Traditional Roast Gammon<br>served with Roast Potatoes &<br>Gravy            | Slow Cooked Chicken<br>Puttanesca served with<br>Steamed Rice                |
|--|--|--|--|
| Vegetarian Jambalaya & Mixed<br>Beans  | Baked Polenta with Sliced<br>Cherry Tomato & Spinach                         | Roast Butternut Squash on a<br>Bed of Cannelloni Beans Tart                  | Stuffed Pepper with Roasted<br>Root Vegetable, Coriander &<br>Rice           |
| Seasonal Vegetables  | Seasonal Vegetables  | Seasonal Vegetables  | Seasonal Vegetables  |
| Jacket Potato with a Choice of<br>Baked Beans, Tuna Mayo &<br>Mature Cheddar | Jacket Potato with a Choice of<br>Baked Beans, Tuna Mayo &<br>Mature Cheddar | Jacket Potato with a Choice of<br>Baked Beans, Tuna Mayo &<br>Mature Cheddar | Jacket Potato with a Choice of<br>Baked Beans, Tuna Mayo &<br>Mature Cheddar |
| Marble Sponge Cake   | Vanilla Sponge Cake served with Custard                                      | Apple Crumble served with<br>Custard   | Coconut Flapjack   |





Battered Fish & Chunky Chips

## Indian Style Vegetarian Spring Roll with Chips

Garden Peas or Baked Beans

of Jacket Potato with a Choice of Baked Beans, Tuna Mayo & Mature Cheddar

> Fruit of the Forest Sponge Cake served with Custard