

### School Leadership Messages

#### International Evening – Ms Arrowsmith and Ms Brooks

Thank you to all the student performers and local businesses who made yesterday's event so special. There will be more about the event in the Newsletter next week.

#### Covid Update: Public Health Haringey

1. From 1 April, anyone with a positive COVID-19 test result will be advised to try to stay at home and avoid contact with other people.
  - a. In adults this is for five days,
  - b. For children and young people aged 18 and under, the advice will be three days.
2. As tests will no longer readily be available, children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend
3. Regular asymptomatic testing is no longer recommended in any education or childcare setting, including in SEND, alternative provision and children's social care settings. Therefore, settings will no longer be able to order test kits.



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### Calendar

11/5/22	Y10 Parents' Evening
13/5/22	Y11 Leavers' Assembly
20/5/22	Y11 Last day of formal teaching



**Mental Health Awareness Week**

**9-15 May**

## Co-Headteachers

### Weekly Roundup

This week saw a return to our more normal activities after the disruption of Ofsted last week. The International Evening, which had been postponed due to the Inspection, was finally held yesterday evening. Roughly 65 students and 60 parents and carers attended the charity fundraiser and the event was a great success. Part of the international aspect of the evening was provided by the food: Jamaican food was much in evidence and local businesses also made contributions. The Y7 comperes were impressive in their control of events (and jokes) and the range of talent on display was, as always, breathtaking. From the big band to the guitar group via the strings, the group performances excelled. We were very proud of the soloists, both spoken word and singing, who took centre stage to deliver their performances. Both the Junior Choir and 7MB sang their hearts out and we were delighted that there was so much enjoyment amongst the students who participated. The evening has raised approximately £800 for charity, well done to all those involved.

Other participatory events over the last 2 weeks include the athletics competitions, starting with the local heats. Both our boys and girls did very well at the London heats, coming 3rd and 2nd respectively. On this showing, we expect to be invited to the regional competitions and will be aiming for Fortismere representation at the national level. Again, we are very proud of our young people and their dedication and effort. We are also very pleased to see how keen they are to represent their school, whether that be via performance or sport.

Talking of participating....tomorrow sees the fantastic Fortismere quiz. This is a major fundraising event for the school and a brilliant social opportunity. The whole event is great fun while supporting a good cause (Fortismere!) and we would urge those of you still considering the purchase of a ticket to go for it!

It's Mental Health Awareness Week next week and this week's Newsletter has a wealth of information relating to events and activities, which we hope will be of interest to you all.

Apparently it's due to be a warm weekend, with a hint that summer may not be too far off. We wish you all a pleasant and calm weekend.

## Student Well-being

### Mental Health Awareness Week - 9th to 15th May

Next week is Mental Health Awareness Week and the theme this year is loneliness. 10% of young people report feeling lonely for prolonged periods of time and there is a strong link between loneliness and mental health issues. The predominant reason young people give for feeling lonely is a lack of significant relationships in their lives. At school we will be raising awareness of this through an assembly and tutor activities. There are support guides for parents/carers and students who may suffer from feeling lonely attached to this week's Newsletter. It would be great if you could discuss this with your families this weekend so that we can raise awareness of this important issue.

Ms Jackson

Mental Health Lead

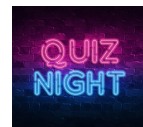


## Fundraising Notice

### Quiz Night Saturday 7th May 6.30pm - Last chance for tickets

Our Quiz Night takes place tomorrow on **Saturday 7<sup>th</sup> May 6.30 pm** and is our main spring fundraising event - we still need your help to reach our target of £7000. There are tickets left and don't worry if you haven't got a full team as we'll make teams by combining smaller groups. Tickets are £10 per person and there will be a bar (bring food with you). Tickets available from

<https://www.eventbrite.com/e/fortismere-quiz-night-7th-may-tickets-294461180317>



## Sixth Form Notice

### Year 11 - Sixth Form Guidance Meetings & Enrolment

The sixth form team have enjoyed meeting with Year 11 students this week to discuss their sixth form applications and next steps. We were impressed by the passion many showed for their chosen A Level and BTEC subjects as well as exciting future plans. Any students who did not attend their meeting can meet with Ms St-Amour after school on Tuesday.

We would also like to remind parents that enrolment to the sixth form takes place on Thursday 25 August following the receipt of GCSE results. Staff will be available in the morning and afternoon of the 25 August to provide advice and guidance as well as hopefully confirm enrolment to the sixth form. We are aware that some Y11s may be travelling to Reading Festival that day. Please arrange transport after coming to school.

Ms St Amour  
Assistant Head - Sixth Form

## Science Department Notice

### Award Winning STEM Students

At the start of the year Fortismere selected four Year 10 students to take part in a STEM project at Highgate School that involved working with students from other schools in the surrounding area. Christabella Chau, Theo Sze, Ollala Montes Moreno and Toby Yorston took part in Saturday morning STEM sessions where they were given a project to research something which would benefit the well-being of the world. On completion of their projects the students were invited to the Science Regeneration Conference 2022 that took place at the University of Westminster on Wednesday 27th April.



A key part of the conference is the Don Henderson Award - teams of students compete to complete a project and then present it to an audience at the conference. During the first session of the day Christabella and her lab partner from Henrietta Barnet School, presented their project to a packed lecture hall. They had researched how the colour of light reflected from fruit could be used to identify the ripeness, potentially developing a tool for effectively doing this at an industrial level. Toby then gave an impassioned pitch for the development of a device that uses the changing opacity of tights to be able to track respiration of patients in hospital.

The conference also included a range of NHS bodies presenting cutting edge ideas and future job opportunities to the students. As a teacher it was wonderful to hear the experts being blown away by the considered questioning that was put forward by the Fortismere students during the discussions.

At the end of the day, to a packed lecture hall, the winners of the Don Henderson Award were announced and I'm delighted to say that Fortismere students took the top places! Christabella and her partner Poorti won the event and Toby came second. This was a fantastic end to an amazing day and highlights the STEM skills of our brightest Year 10 students. Well done to them all!

Mr Commons  
Head of Physics



## English Department Notice

### Jack Petchey Speak Out Challenge - Haringey Regional Final

At the end of last year, twenty five Year 10 students took part in a day of public speaking workshops, run by the Speaker's Trust and funded by the Jack Petchey Foundation. It was a really fun day and amazing to see how every student grew in confidence, stretched way out of their comfort zones. Four students stood out and coincidentally, three of them hailed from 10NDF(!) Alanna Osei-Poku, Dara Sommerville Lodhi and Aum Parmar, Bella Alexander (10AHL) was also excellent.



Bella and Aum went through to the Haringey regional final which was held (digitally) on Thursday evening. Bella and Aum were forced to prepare, practise and record their speeches at very late notice, and they really rose to the challenge. They both stood out from the participants from the other Haringey schools due to how intelligent and thought-provoking their speeches were, both tackling huge and demanding subjects with ease. Bella gave an impassioned and well-researched speech on '*The British Withdrawal from Afghanistan*' and Aum spoke with authority on the complex relationship we have as a society with '*Technology*'.

Unfortunately neither of them placed in the top three speeches of the night (according to the judges!) but this was little surprise to me, as I know from experience that the judges are looking for raw enthusiasm and Bella and Aum produced two incredibly accomplished, industry-standard pieces of journalism that wouldn't look out of place on the pages of *The Economist*. Special mention goes to Aum for criticising the divisive (and non-tax paying) role Google plays in our society, even though one of the judges is a creative director at Google! Needless to say, the judge in question was impressed by Aum's passion and has invited him to visit their offices to see the company up-close!

Bella and Aum represented the school exceedingly well, they made Fortismere stand out as a place of intellectual rigour and passion. Well done to them both

Mr Allen  
English Department



## Music Department Notices

### Ensembles

Day	Lunchtime	After School
Monday	Senior String Group - Concert Hall	KS3 Music Tech - MU1 School Orchestra - Concert Hall
Tuesday	Senior Choir - Concert Hall Percussion Group - MU1 Popular Guitars - MU2	Jazz Band - Concert Hall Fortismere Community Symphony Orchestra - 7pm-9pm
Wednesday	Big Band - Concert Hall	Bands (Rooms available for practice)
Thursday	Junior Choir - Concert Hall DJ Club - MU4	KS4 Music Tech - MU4
Friday	String Group - MU2	Classical Guitar Group - Concert Hall
Saturday	Music Theory Classes - 11:30am-12:30pm Fortismere Community Choir - 10:30am-1pm	

### Fortismere Community Symphony Orchestra - Rehearsals resume on Tuesday 10th May

This term we are looking at some great repertoire that will bring our school week of music making to an exciting conclusion! There really is something for everyone in this concert with Mendelssohn's *Hebrides Overture*, a new commission by young composer Jared Bennet, Rossini's *Overture to William Tell*, Verdi's *Overture to Nabucco* and American Violinist and Atlanta Symphony Orchestra's Concert Master Justin Brun's playing Sarasate's *Carmen Fantasy* and Vaughn-Williams' *The Lark Ascending*. During the course of the week that Mr Brun's is here there will also be a String Masterclass and a Chamber Concert where we will be seeing some familiar faces popping up to once again astound us with their virtuosity. This really will be an exciting way to end the school year for the Music Department and we very hope that you will come along to enjoy the concerts.

### International Evening Musicians

A huge thank you to those young musicians that came along to perform last night at the Fortismere International Evening. There were items from Big Band with vocals from Lizzie Wells and Lydia Morgan, a song from the Greatest showman accompanied by some of the String Ensemble and sung by Lizzie, pieces from the Popular Guitar Group, Junior Choir, 7MB sang Moana with dance movements, Jai Sharma played brilliantly as always, Sam and Xavier from year 7 performed their solos extremely well, Anna Arsientieva did her first solo guitar recital at school and finally Jack and Connor did a DJ set. A great effort from everyone involved!

### FCC Concert - Saturday May 7th 7:30 pm St Andrews Church

A performance of Franz Von Suppe's Requiem will take place on Saturday May 7th at St Andrews Church, Muswell Hill at 7:30pm. This rediscovered piece of music is rarely performed and we are extremely excited that the choir has the chance to showcase this work since it has not been part of a concert programme since 1970. **If you are interested in tickets please visit the fortismere music centre website at <https://www.fortismeremusiccentre.co.uk>**

## Library Notices

### Visitors

On the morning of Friday 29<sup>th</sup> April our Patron of Reading, Sita Brahmachari came to Fortismere again to work with a Year 9 class. The workshop was based around her book "Kite Spirit" which deals with pressure, grief and vulnerability – and how to cope. As always, our students rose to occasion, expressing themselves with candour and sensitivity. Sita then led a "Read with Billie" session which was extremely successful – dogs have a wonderful ability to listen intently to students reading without judgment! In the afternoon we were delighted to be joined by Sudha Bhuchar, actress (eg. Miss Lark in *Mary Poppins Returns*), playwright and theatre director and Carl Miller. Sudha and Carl have been running workshops in a few London schools to inform the writing of a playscript of Sita's "Artichoke Hearts". A select group of Year 7s took part in writing and performance – without realising, they created some stunning villanelles that impressed our visitors hugely. It was also lovely to have the author of the book enjoying the magic!



### Stationery

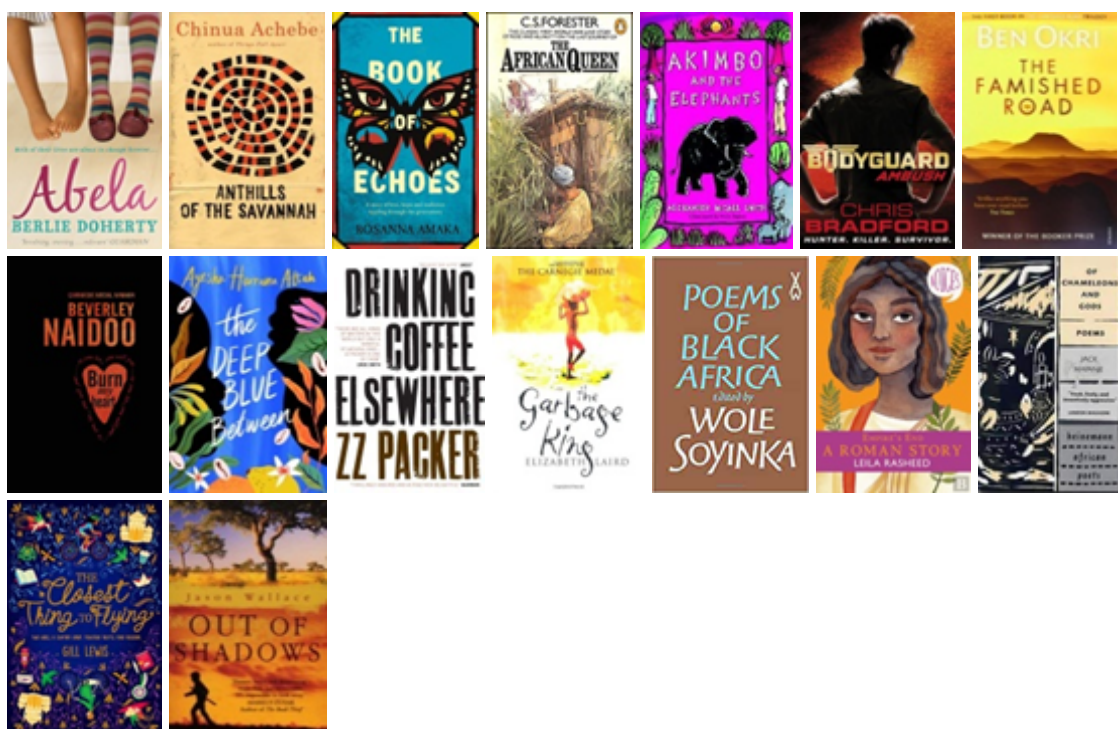
Don't leave buying your exam equipment till the last minute. Our stationery shop sells everything you need, from pencils and protractors to clear pencil cases and scientific calculators. And all at cost price!

### CoverUp

A reminder that our parent/staff reading group is meeting next Thursday 12<sup>th</sup> May, 7pm in the library. We'll be talking about Elly Griffiths' "The Crossing Places" as well as lots of other bookish things. Refreshments provided and everyone welcome.

### Recommended Reads of the Week

Thursday 5<sup>th</sup> May was Africa World Heritage Day. Here are some books you should read in our library.



## PE & Sport Notices

### Fortismere Athletes Star on the Track & Field

On Monday our Junior (Y7/8) Boys and Girls and Intermediate (Y9/10) Girls travelled to Lea Valley for the first round of the English Schools National Track & Field Cup Competition. Competing against some of the biggest Independent Schools in London, our boys and girls acquitted themselves superbly. Our Intermediate Girls, despite having a much depleted team, managed a credible fifth place. Our Junior Boys made the podium and finished in third place and our Junior Girls went one better and finished runners up!

They missed out on the top spot by just five points! We wait to see if our scores are high enough to take us into the regional finals. Fantastic performances and what a day! Well done everyone!



**We are always looking for athletes for our track and field teams** - Training is every Monday and Thursday from 3.20pm-4.45pm. Everybody is welcome and all events are catered for Run, Throw & Jump.

### Trampoline Champions



Well done to our amazing Trampoline Gymnasts who competed in the Haringey Borough Schools Championship on Wednesday this week. It was total domination by the Fortismere gymnasts – Romy, Xanthe, Evan and Leia – who took first place in the team competition. Leia was also awarded first place in the Individual category. What fantastic performances - we are so proud of them all!



### Leila's penalty saves wins the title

What an amazing weekend for Y8's Leila Hadari. Leila plays for the Haringey Girls U14 Football team as goalkeeper and although a year young for the age group is one of their standout players. Last weekend Leila's team played in the National Final of the JPL – one of the highest standard grassroots leagues there is. The game was all square at the final whistle and so a nerve racking penalty shoot out ensued. After Haringey had scored all their penalties, I'm delighted to report that Leila saved the last one from the opposition, winning the national title for Haringey Girls! Well Done Leila and her teammates.



### Results & Fixtures

#### Results This Week

Tuesday – Athletics ESAA Track & Field Cup 1<sup>st</sup> Round Lea Valley JB, JG and IG: **JB 3<sup>rd</sup>, JG 2<sup>nd</sup> IG 5<sup>th</sup>**

Tuesday – Cricket U15 v APS at Highgate CC: **Lost by 20 runs**

Wednesday – Cricket – U14 v QE Barnet (County Cup): **Postponed**

Wednesday – Trampolining Haringey Schools Borough **Champs** @ Hornsey Girls School

Thursday – Cricket U13 v APS

Friday – Cricket U12 v APS

#### Fixtures Next Week

**No Fixtures**

## Fortismere Holiday Camps July & August 2022

### Summer Holiday Camps

With Lots of fun and games to enjoy from Sports, Art, Early Years, Drama and Coding to Chess and multi sports, holiday camps are ideal if you find it hard to juggle work and keep the children entertained. The Fortismere Holiday Club will also support the social interaction lost during the last lock down.

These activities will run between **09.00 am-15.00 pm** each day at Fortismere School, Tetherdown London N10 1NE. The full week will cost £80\*, an early **08.00 am** drop off option will be offered, where the children will be provided with a light breakfast of toast, cereal & juice.

#### **Tiny Twinkles Age 3-6**

Perfect for 3-6 year olds led by professional actors with a love for early years! Each day the children will explore all genres of creative arts- learning songs & dances, acting out role play adventures, exploring arts & crafts plus lots of games and crafts.

##### **Week 1 25<sup>th</sup> July Tiny Twinkles**

<https://www.eventbrite.com/e/summer-camp-tiny-twinkles-age-3-6-week-1-tickets-314464641207>

##### **Week 2 1<sup>st</sup> Aug Tiny Twinkles**

<https://www.eventbrite.com/e/summer-camp-tiny-twinkles-week-2-tickets-314494540637>

##### **Week 3 8<sup>th</sup> Aug Tiny Twinkles**

<https://www.eventbrite.com/e/summer-camp-tiny-twinkles-age-3-6-week-3-tickets-314497449337>

##### **Week 4 15<sup>th</sup> Aug Tiny Twinkles**

<https://www.eventbrite.com/e/summer-camp-tiny-twinkles-age-3-6-tickets-314501020017>

#### **Sports camp Age 7-15**

This will give children the opportunity to have fun and interact with others through a range of sports activities such as football, rounders, tennis and fun competitions.

##### **Week 1 25<sup>th</sup> July Sports camp Age 7-15**

<https://www.eventbrite.com/e/summer-camp-sports-age-7-15-week-1-tickets-316382397267>

##### **Week 2 1<sup>st</sup> Aug Sports camp Age 7-15**

<https://www.eventbrite.com/e/summer-camp-multi-sports-age-7-15-week-2-tickets-316450470877>

##### **Week 3 8<sup>th</sup> Aug Sport camp Age 7-15**

<https://www.eventbrite.com/e/summer-camp-multi-sport-age-7-15-week-3-tickets-316459548027>

##### **Week 4 15<sup>th</sup> Aug Sports Camp Age 7-15**

<https://www.eventbrite.com/e/summer-camp-multi-sports-age-7-15-week-4-tickets-316620950787>

#### **Chess Camp Age 7-15**

Chess has been growing in popularity (online), boosted also by the popularity of the chess scenes in the recent Queen's Gambit TV show. This course aims to develop students' chess skills which can also indirectly help analytical and evaluative skills needed also in the classroom. The chess course will look at tactics, strategy, chess openings and endgame play, helping to become a better player.



**Week 1 25 July Chess Age 7-15**

<https://www.eventbrite.com/e/summer-camp-chess-age-7-15-week-1-tickets-316622876547>

**Week 2 1<sup>st</sup> Aug Chess Age 7-15**

<https://www.eventbrite.com/e/summer-camp-chess-club-age-7-15-week-2-tickets-327900568427>

**Dance Age 6-12**

Each day the children will explore different styles of dance with an emphasis on ballet and tap. Children will work on technique, dance routines and choreography, as well as projects designed to encourage creativity when story telling through dance. The participants will work towards final pieces and will be given plenty of time to interact with others and make lasting friendships! Leaders are professional performers with a background in theatre and dance.

**Week 1 25<sup>th</sup> July Dance Age 6-12**

<https://www.eventbrite.com/e/summer-camp-dance-tap-jazz-and-musical-theatre-age-6-13-tickets-316626748127>

**Week 2 1<sup>st</sup> Aug Dance Age 6-12**

<https://www.eventbrite.com/e/summer-camp-dance-tap-jazz-musical-theatre-age-6-13-tickets-316655915367>

**Gardening Age 7-15**

Garden planning outdoors and in, designs, types of plants and soils, videos, research and drawing activities, digging and planting of plants and more.

**Week 1 25<sup>th</sup> July Gardening Age 7-15**

<https://www.eventbrite.com/e/summer-camp-gardening-camp-age-7-15-week-1-tickets-315264523677>

**Week 2 1<sup>st</sup> Aug Gardening Age 7-15**

<https://www.eventbrite.com/e/summer-camp-gardening-camp-age-7-15-week2-tickets-315271153507>

**Drama Age 7-15**

This week the children will work on improvisation and comedy skills. Lots of drama games and exercises with the children to develop their confidence and skills.

**Week 1 25<sup>th</sup> July Drama Age 7-15**

<https://www.eventbrite.com/e/summer-camp-drama-age-8-15-tickets-318698494777>

**Week 2 1<sup>st</sup> Aug Drama Age 7-15**

<https://www.eventbrite.com/e/summer-camp-drama-age-8-15-week-2-tickets-318699036397>

**Week 3 8<sup>th</sup> Aug Drama Age 7-15**

<https://www.eventbrite.com/e/summer-camp-drama-age-8-15-week-3-tickets-318702025337>

**Art Age 8-15**

Students will make life sketches, collages, and will also build structures out of cardboard and glue using these in graphics as an inspiration for their own streetscapes. These activities will open the eyes of young people to the world of fine artists, designers and architects. Anyone from 8 years old is welcome. Our environment is encouraging, inclusive and non-competitive, allowing students to move at their own pace and thus develop their unique skill-set

**Week 3 8<sup>th</sup> Aug Art Age 8-15**

<https://www.eventbrite.com/e/summer-camp-art-club-age-7-15-week-3-tickets-321226997597>

**Week 4 15<sup>th</sup> Aug Art Age 8-15**

<https://www.eventbrite.com/e/summer-camp-art-camp-week-4-age-7-15-tickets-321228802997>

## **Safeguarding at Fortismere**

### **Want to know more?**

In school we work closely with families to support our students to develop as happy, healthy and resilient young people. In order to support this we work with Place 2 Be, local borough Children's Services, our School Nurse, CAMHS and Community Police to enable us to get targeted support as needed. We also deliver formal lessons both in Philosophy, Religion and Ethics and through our pastoral curriculum enabling our students to be able to make informed choices about how they can keep themselves safe.

If you wish to speak to the Designated Safeguarding Lead (Kirsten Sullivan) about any safeguarding concerns please email [safetalk@fortismere.org.uk](mailto:safetalk@fortismere.org.uk) alternatively you can speak to your child's tutor or Head of Year:

Year 7 [jarrowsmith@fortismere.org.uk](mailto:jarrowsmith@fortismere.org.uk)

Year 8 [kwilliams@fortismere.org.uk](mailto:kwilliams@fortismere.org.uk)

Year 9 [kjackson@fortismere.org.uk](mailto:kjackson@fortismere.org.uk)

Year 10 [dward@fortismere.org.uk](mailto:dward@fortismere.org.uk)

Year 11 [glewis@fortismere.org.uk](mailto:glewis@fortismere.org.uk)

If you require safeguarding support about specific issues you may wish to visit our Safeguarding page on the school [website](#). We add new links and information often so it is worth checking this regularly.

Kirsten Sullivan

Deputy Head & Designated Safeguarding Lead