fortismere

Transforming Lives Through Education

Weekly Newsletter Issue: Friday 11th March 2022

School Leadership Messages

Smart Phones and bag searches

We would just like to remind you of our policy around mobile phones. We do not allow internet enabled devices in school, only non-smart phones which must be kept switched off in school bags, not pockets. Please be aware that in accordance with guidance from the DfE, we do undertake bag searches, if we are concerned that students have a mobile phone in their possession. Please do speak with your child to remind them that smart phones should not be brought to school under any circumstances.

Summer Fair and parent-led fundraising

During Covid we have had to reduce or lose a number of our normal socal fund raising events. We are intending to host a Summer Fair this year, led by Maria Demetriou, Fortismere's fundraiser. This is always a great community occasion and we value the contribution made by our parents and carers in running stalls and other activities. We are always on the hunt for volunteers so please contact Maria if you'd like to support the Fair.

We are also welcoming the community back on site for the first 'in real life' Quiz Night since Covid. Quiz Nights are always serious good fun and we hope that during lockdown quizzing skills have been honed further. Please see the end of the Newsletter for details

Covid Update: New guidance

Please could parents and carers continue to let us know if your son or daughter has Covid. We pass weekly totals on to Public Health Haringey who continue to monitor numbers. Thank you to those who contacted us this week.

New <u>guidance</u> for schools was issued by the DfE on February 21. From February 24 Covid restrictions have been lifted but we will continue to promote good practice for hand and respiratory hygiene. We are aware that some students still wish to wear face coverings in the communal areas and we will allow them to do so.

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Calendar

14/3/22	Science Week
18/3/22	Red Nose Day
24/3/22	A Level Music Recital
30/3/22	7X Parents Evening
27/4/22	7Y Parents Evening



Co-Headteachers

Weekly Roundup

We have begun the process of compiling a directory of our various extra curricular activities and have been reminded, once again, of the enormous breadth, range and sometimes eccentricity of the offers from our staff. From robots to Latin, astronomy to creative writing, if a student has an interest, we have a club. Importantly, this does not end with GCSEs. The Sixth form is a hive of out of class activities, with thriving clubs articulating the interests and passions of our young people. Alongside the clubs, we offer our students an enriched curriculum via the number of trips, visits and in-school activities we offer. Last week we wrote of the pleasure staff had in reading to junior classes for World Book Day. Not only was this a promotion of reading, but also allowed students to see teachers and support staff in a new light through our invitation to share our passion for reading. We also offer students targeted enriched activities, such as our Year 9 ambassadors who form part of our BAME focus at Fortismere. The sheer variety of what we offer is key to our delivery of a transformative education for all our students. We hosted the local NHS vaccination team during the week and they told us that Fortismere is their favourite school. We have the highest percentage of students who return permission for their vaccinations (thank you) but more importantly, they are charming young people. Whilst we acknowledge that honour for this must be shared with parents and carers, we would like to think that the approach of staff, and the experiences offered to our students, support the development of those positive characteristics that makes Fortismere such a popular place with visitors. If your son or daughter has not yet participated in any of our extra-curricular activities we would urge you to encourage them to do so; there really is something for everyone. Our ambition is that all students benefit from our offer and that participation promotes transformation.

In keeping with the theme of extra-curricular, below are photographs taken at last week's marvellous International Women's Day event organised by the Sixth Form students. Alongside presenters and performers, please note the quality of the art work. The range of talent we have in Fortismere never fails to impress.

Despite a wet Friday, Spring has sprung and we anticipate warmer weather and an open field for next week. We wish you all a peaceful weekend.



Governing Body Notice

Parent Governor Election

Apologies for the delay with the parent governor election process. You will receive a ParentMail message next week with full details of the process and separately an email from SurveyMonkey with a link to vote. If you have any queries please get in touch smurray@fortismere.org.uk Sam Murray, Clerk to governors

Governors' Surgery 17 March 2022

The next Governors' Surgery will be in the **South Wing Hall on Thursday 17th March from 5pm - 7pm**. Please come along if you would like to discuss any issue with a governor, or just to say hi! We expect to have several governors on hand to chat with you. Hope to see you there,

Wendy Sloane

Vice Chair, Governors

Careers Department Notices

Careers Guidance Information & Resources

This week has been National Careers Week – a celebration of careers guidance and free resources in education. You can find out more and visit a Virtual Careers Fair see this link

There are lots of free resources and great opportunities out there for our students that will help them to gain useful experience, develop new skills and learn from others, all important when making their future career and study choices. See a selection below that may be of interest.

MCW2022 Empowering Positive Change through Careers Education. #NCW2022

If you have any queries about careers guidance and information at Fortismere please get in touch with me. Antonia Andreou, Careers Adviser AAndreou@fortismere.org.uk

Opportunities for Students

NHS Health and Social Care Careers:

Join this on-campus and virtual NHS Health and Social Care **Careers Fair with Middlesex University** on **Thursday 17 March 2022 from 4:30pm - 7:30pm**. Find out more and <u>sign up here</u>

This event is aimed at Year 10 to Year 13 students and will help them to find out more about careers in the NHS and healthcare sector

- Hear from doctors, nurses, mental health professionals, speech & art therapists, social workers and many more
- Join live talks to hear from healthcare professionals about their route and experiences in the industry

Opportunities in the Creative Industries:

Escape Studios has been at the forefront of creative education since 2002, supplying the industry with studio-ready talent and offering courses in Visual Effects (VFX), Game Art and Computer Animation. Want to explore Escape Studios for yourself? Join our first on-campus Open Day of the year on **Saturday 26th March 2022**. You'll get to meet our expert tutors, hear from current students and Escapees, and discover how we ensure our students are studio-ready before they graduate! <u>See this link for more information</u>

STEM two-day event for girls and non-binary students 15-19:

Stemettes is an award-winning organisation that engages, inspires, and educates young women and non-binary people into STEM careers. Their Stemettes Sustainability Hack @ H&M is an online two-day event **Sat 26th & Sun 27th March 2022** that will allow students to work in teams to develop a product or business solution to create sustainable impact within the fashion industry. Over the weekend, students will interact with industry role models and learn about STEM through their knowledge and expertise. By attending the hack students will be eligible to apply for our *Student To Stemette mentoring programme*, pairing them with a STEM professional to gain career support. To sign up and learn more about Stemettes see this link

Student Competition - My Career, My Vision

To celebrate National Careers Week, InvestIN is inviting students aged 12-18 to think creatively about their futures and to submit an image depicting their dream career.. The image can take any form - a photograph, drawing, graphic design, or anything else - as long as it has been created by the student and clearly depicts the career of their dreams. The deadline is Friday 8th April and students can <u>enter now</u>.



The school with the most entries will receive a careers presentation led by an inspirational

speaker! Plus for each submission, InvestIN will make a donation to UNICEF. Every student who enters will be invited to a live online CV-writing masterclass and the winner will be given 12 months' membership of our AmbitionX platform, which includes access to hundreds of hours of live online career experiences.

STEM Notice

STEM Co-ordinator

Young STEM Rocketeers Lift Off!

The young STEM Rocketeers got off to a fantastic start by testing our first launchpad made by Mr Yakup and Mr Slater. The test was a success launching a 2L fizzy drink bottle filled with water. The release mechanism on the pipe worked perfectly! Look out for details of the Fortismere Water Rocket Challenge Competition launching soon! **Mr Yakup**





Modern Languages Department Notices

Year 7 - Languages

We are currently working on accommodating all students into their chosen options. Unfortunately this is taking a bit longer than expected so we ask all parents to please bear with us and we will inform you once the new groups are set up. In the meantime, students are getting lessons in Spanish and French to carry on with the curriculum in both languages.

Year 11 Revision Sessions

All students are now invited to the Revision Sessions in the three languages. We are still targeting certain students and these parents will be informed via ParentMail to let them know we are expecting students to attend. Below are the days and rooms where we run our Revision sessions as well as a schedule of what will be covered every week.

<u>French</u> - Tuesdays **Week 1** - After School in N16// Thursdays **Week 2** - Lunch time in N16 <u>Mandarin</u> - Wednesdays Week 1 and Week 2 - After school in N20 <u>Spanish</u> - Tuesdays **Week 1** - After School in N18// Fridays **Week 2** - Lunch time in LINC

W/B 28th Feb: Topics 1 & 2	W/B 18th April: Higher - L&R
W/B 7th March: Topics 3 & 4	W/B 25th April: Foundation Speaking
W/B 14th March: Topics 5 & 6	W/B 2nd May: Higher Speaking
W/B 21st March: Topics 7 & 8	W/B 9th May: Foundation Writing
W/B 28th March: Foundation - L&R	W/B 16th May: Higher Writing

A Level Spanish BFI Trip

Year 12 and Year13 Spanish students went to the BFI on Tuesday to watch *The Silence of Others*, a documentary that offers a cinematic portrait of the first attempt in history to prosecute crimes of Franco's 40-year dictatorship in Spain (1939-1975), whose perpetrators have enjoyed impunity for decades due to a 1977 amnesty law. It brings to light a painful past that Spain is reluctant to face, even today, decades after the dictator's death.



The film was followed by

activities led by two university lecturers as well as a Q&A session via Zoom with two participants from the documentary.

We were impressed with our students' participation in the event as well as their willingness to learn about this part of history which is still very present in Spain.



What's going on in Languages...

'The Languages Local To You' - UNIVERSITY OF EXETER

At the University of Exeter, they're celebrating the UK's cultural diversity by inviting secondary students ages 11-16 to participate in an exciting photo competition. And - yes - there are prizes up for grabs!

Any students interested, please email Ms Cuenca on icuenca@fortismere.org.uk by 22nd of March so we can enter Fortismere for this competition.

What students have to do: Take a photo showing languages other than English in your local area - shop signs, bilingual street signs, film posters, advertisements and so on. Let your imagination flow! Provide a brief caption, describing why and how the language is used in your chosen photograph (up to 100 words) then submit your photo alongside your caption in Word or PDF format to Ms Cuenca.

You can find more information here

https://express.adobe.com/page/ByEAtSwQ1IGKp/?fbclid=IwAR1BzRgpQgpcGEvmpFn-26dgQCraTW4z3p cklvJ2a3flvwsuOVvkbW izMU

Sadler's Well Theatre - Flamenco Festival

This Summer, Sadler's Wells Theatre will host a Flamenco Festival from 21st June to 3rd of July. This is a great opportunity for Spanish students and Flamenco lovers to experience this part of the Spanish culture. The A Level Spanish teachers especially recommend Estrella Morente, who sings the song Volver in the Almodovar film of the same title, a film we study as part of the curriculum. More information can be found here https://www.sadlerswells.com/flamenco-festival-2022/



Library Notices

More World Book Day Readings

We were delighted to continue with readings from senior teachers and the Leadership Team this week.

On Monday... Ms Holder talked about books she'd loved as a child and got the students to guess which book she was reading from (Tolkien's beautifully descriptive prose held them spellbound, and several recognised "The Hobbit"). A very welcome return visit from **Mr Orton** was hugely enjoyed, especially his North London/Yorkshire accent when he read from another of his favourites, "It Shouldn't Happen to a Vet" by James Herriot.

On Tuesday...More from "Le Petit Prince"/"The Little Prince" by Antoine de St Exupery from **Mr Lewis**. He talked about books in translation and how Le Petit Prince can be read on many levels, from a simple child's story to an adult's philosophical point of view. Ms Brooks returned with her carrier bag of much loved children's favourites. We all loved "Would You Rather..." by John Burningham as well as the hugely contrasting "Brother in the Land" by Robert Swindells. Ms Sullivan talked about how important books are in her life and, with the help of her own children, she chose to read "Oh, The Places You'll Go" by Dr Seuss, a really inspiring little book. Once again, she mentioned the wonders of audio books (take a look on this year's World Book Day site which has free audio books, including the first in Robert

Muchamore's Robin Hood series https://www.worldbookday.com/world-of-stories/)

On Wednesday...Mr Nagata proved that even mathematicians read; so many of our students still believe that reading is only for English lessons! We heard a fascinating story from "Humble Pi: A Comedy of Maths Errors" by Matt Parker (although I may never go in an aeroplane again...) And after talking about his childhood love of manga and his more



grownup enjoyment of autobiographies he left us with a couple of fiendish mathematical brainteasers.

Mr Nagata's Brain Teaser

(*from* "Professor Stewart's Hoard of Mathematical Treasures") See if you can work this out.

Elephants always wear pink trousers. Every creature that eats honey can play the bagpipes. Anything that is easy to swallow eats honey. No creature that wears pink trousers can play the bagpipes. Therefore: elephants are easy to swallow.

Is the deduction correct, or not?

Poetry Competition

The Foyles Young Poets of the Year Award 2022 is open for entries. This is one of the biggest and most established prizes for young people aged 11 - 17 in the world. Full details and how to submit your poems are here <u>https://bit.ly/3pWwQVh</u> or you can bring them to Mrs Ward in the library to submit on your behalf.

Recommended Reads of the Week

With International Women's Day and Mothers' Day in March, it's time to celebrate women with a few of the many books we have in our library!







Drama Department Notices

Year 11 GCSE Exam Performances

A huge congratulations to our Year 11 GCSE Drama students for the fantastic performances this week. We had eleven different exam pieces ranging from scary horror stories to black comedies. Nearly sixty students worked over several weeks to create these extracts as part of the practical component of their GCSE.



Cable Street - Year 12 Production

Year 12 Drama students are taking part in the National Theatre Connections Festival.

Cable Street is about two girls growing up in London's Jewish east end in the 1930s. Leah and Kitty are blood sisters, best friends and more... but they get caught up in the political turmoil caused by Oswald Mosley's fascist Blackshirts. As tensions rise and a battle seems imminent, will Kitty and Leah be able to overcome not only the conflict in the streets, but also the conflict in their hearts?

School Performance Thursday 21st April 6pm North Wing Hall Tickets £5 Available shortly on Parentmail

Arts Depot Performance Tuesday 28th April 8:30pm

We are looking for furniture and costume donations! Our set design team is in desperate need of any kind of old, unwanted furniture (specifically items that could fit with the time period) wooden chairs, tables, stools and bed frames are favoured, however, we are open to all donations. Our costume design team is also looking for any pieces of clothing resembling 1930s/40s fashion. Anything helps! If you are looking to donate, please email <u>lovers@fortismere.org.uk</u> with a picture or listing of the items and we will get back to you. Thank you.

Climate Crisis Drama Workshop Year 8-13

We are hosting a free workshop from the Donmar on Tuesday15th March at 3:20pm in school. The Donmar Warehouse are looking to work with young people aged 12-19 who are interested in performance and/or have something to say about the climate emergency to take part in their workshops. Sign up <u>HERE</u> for the



free workshop from the Donmar on Tuesday15th March at 3:20pm in school.

After this workshop there is a further opportunity to take part in an intensive devising week with the Donmar over Easter. From these workshops, the Donmar will recruit an ensemble of 12 young performers who will perform alongside three of the UK's leading actors on the Donmar's stage in Covent Garden in August 2022.

Please note the date change from last week.

An ambitious mainstage production from the Donmar Warehouse that explores the climate crisis

ABOUT THE PROJECT

Young people aged 12-19 from across London will perform alongside three leading actors on the Donmar stage.

This project is an opportunity to: - Explore theatre and the climate crisis through open workshops - Create new work on these topics

during our devision weeks - led by a team of climate experts and theatre professionals





Drama Wellbeing Garden

The Drama department are looking for volunteers from the school community to help create a **Drama wellbeing garden space** in a small green corner of our school. We have a lovely lawn area and a long flowerbed. We already have a team of willing students and would like any green-fingered volunteers to help us with our design and planting. We would also welcome any **seedlings, plants or benches you may want to donate**. If this sounds like something you are interested in, please email <u>lovers@fortismere.org.uk</u>



PE Department Notices

County Cup Final for our U16s

Another Fortismere girls football team has reached the County Cup Final - that's three Fortismere teams! After a comprehensive 9-3 win the U16 Girls now join the U13 and U14 teams in making it all the way. The U14 and U16 teams have their cup finals next Monday and we wish them the very best of luck. COME ON FORTISMERE!



Year 7 Girls begin their Football Journey

Our Year 7 Girls football team travelled to Barnet Power League on Monday to play their first ever competitive match. They played against a very good APS side and were on the wrong end of a high score line but the girls had great fun, worked hard and learned a lot about the game. Well done Girls!



Fortismere Girls Star for Haringey

Last weekend the Haringey Representative Girls Indoor Cricket team competed in the qualifying stages of the London Youth Games. I'm delighted to report that Haringey won and have qualified through to the Finals. Five out of the nine winning Haringey team members were Fortismere girls. Brilliant job!

Hooray for our Year 7 Hockey Girls

Our Year 7 Girls Hockey team travelled to west London last Friday to play in their first ever tournament. For many of our girls, some of whom only started playing the game recently, this was their first taste of competitive Hockey. They acquitted themselves brilliantly finishing in a respectable fourth place in a really high standard event. Well Done Girls.

Girls Attitude Survey Year 7-9

Fortismere has been asked to participate in the Girls' Attitude Survey. Since 2009 the survey has provided girls and young women with a platform to speak out about the issues that matter to them most. The findings are used to help provide support where it's needed most (especially important in recent years), and to help girls gain the skills, confidence and resilience they need to have the best chance to fulfil their potential. Each year I am sent the results of the survey and try to consider the findings and take appropriate actions in our own teaching and offerings. I would like as many girls in Year 7 to 9 to complete the survey as possible. It only takes around 15 minutes - consider it very important homework - I don't issue you much to last years survey findings which makes for an interesting read. The format is nice and simple so please take a look. Survey link: https://www.girlquiding.org.uk/social-action-advocacy-and-campaigns/research/girls-attitudes-survey/

Year 11 Boys in Action

Good wins recorded by our Year 11 A & B Boys football teams in a very competitive fixture at UCS on Wednesday. The A team played some lovely football and scored some very good goals in a 6-2 victory. The B team were excellent and recorded a 3-1 win. Well played all our lads!









Results & Fixtures

RESULTS

Thursday – Football – U16 Girls Middlesex Cup Semi-Final (H) 2.30 KO Won 9-3 Friday - Hockey – Y7 Girls Tournament 4th Monday – Football Y9 'A' v Highgate Wood Monday - Football Y10 'A' v Heartlands (H) Monday – Football Y7 Girls v APS Lost Tuesday – Football Y8 'A' v Greig City (H) 2.30 KO Postponed Tuesday – Y7 'A' v Harris (A) 4pm KO 3-3 Wednesday – Football Y11 A & B v UCS (A) 2.15 KO Y11 A won 6-2, Y1 B won 3-1 Wednesday – Football Y10 A v Harris (H) 4pm Postponed Wednesday Football Y7 v APS Lost 5-9 Thursday – Netball All Teams v HGW (a)

Fixtures Next Week Monday – Football U16 and U14 Girls – County Cup Finals Monday – Basketball Y13 v APS (A) Tuesday - Football – Y10 'A' v Greig City (H) Tuesday - Football – Y10 'B' v UCS (A) Tuesday – Football – Y9 v APS (H) Thursday – Y5/6 Quick Sticks Hockey Tournament Hosted By Fortismere

Remember that the Fortismere Sports & PE Department has an active Twitter and TikTok accounts. Twitter is where you will find the latest updates on fixtures, matches, information and all things sport so make sure you give us a follow. *Twitter – Fortismere Sport & PE @FortismerePE Tik tok - @fortismeresport* Don't forget to let me have news of your sporting participation & achievements outside of school.

Fundraising Notices

Fortismere Quiz night

Here's an important date for your diaries **Saturday 7th May 6.30 pm** Get your tickets for this not to be missed event hosted by award winning comedian Pauline Eyre. Don't take our word for it about Pauline; here are some of the reasons why we know she's going to make the Quiz a night to remember!



- REGIONAL FINALIST Funny Women Awards 2017/18
- SEMI-FINALIST Leicester Square New Comedian of the Year 2016
- QUARTER-FINALIST Amused Moose Awards 2016
- SEMI-FINALIST Funny Women Awards 2015
- "Funny Women is always seeking out new talent like Pauline Eyre. She excels as a stand-up and we have recently encouraged her to MC. The result is that this role plays to Pauline's natural level of warmth and comic ability. She instinctively engages with the audience and creates an environment that is welcoming and fun for them. A true skill." Lynne Parker, Chief Executive, Funny Women Ltd.
- "Hilarious jokes, impossible poses from this original act" Heavenly Comedy

Tickets are £10 per person to make up teams of 8-10 people. Smaller groups will be arranged to make up a full team. There will be a bar but bring food to share with you. Tickets available from https://www.eventbrite.com/e/fortismere-quiz-night-7th-may-tickets-294461180317

Maria Demetriou Head of Extended School, Fundraising and Development

Fortismere Easter Holiday Activities

Fortismere Easter Holiday Camps

There are still some places available on our holiday camps but don't leave it too late as they are filling up fast and some are already sold out. There's lots of activities to enjoy - see below for details and booking.

Activities will run during both weeks of the Easter holidays (not 15th April, Good Friday).

Holiday camps run from 9am-3pm each day and take place at Fortismere School, Tetherdown London N10 1NE. A full week costs £80. An early drop-off is available (8.00am with breakfast) for an extra charge.

WEEK 1 ACTIVITIES

Mon 4th April-Fri 8th April

Photography for age 9-15 years

Children will also learn about different photographic techniques and get to practise their photography skills. No prior photography knowledge or experience is needed. We'll start with the basics and have fun with all our projects. While not required, having some sort of camera (digital, phone with camera, disposable, etc) would allow your child to take part in all the adventures. The course is run by Maria V Kaz, a branding and events photographer who works with a variety of corporate clients as well as people from the art world. She is passionate about art, books, film and photography.

https://www.eventbrite.com/e/easter-holiday-photography-club-age-10-15-tickets-257894658867

Mon 4th April-Fri 8th April

Sports Club for ages 7-15 years

Children will have the opportunity to have fun interacting with others through a range of different sports including football, rounders, tennis and lots of fun competitions. https://www.eventbrite.com/e/easter-holiday-camp-multi-sports-age-7-15-tickets-249192139397

Mon 4th April-Fri 8th April

Drama Club for ages 7-15 years

During the fun-filled week children will work on learning improvisation and comedy skills. There will be lots of drama games and exercises to help children develop their confidence and learn new skills. https://www.eventbrite.com/e/easter-cap-drama-age-7-15-tickets-260140636647

WEEK 2 ACTIVITIES

Mon 11th April-Thurs 14th April

Tiny Twinkles for age 3-6 years - Last few places

Perfect for 3-6 year olds and led by professional actors with a love for the early years! Each day the children will explore different aspects of the creative arts - learning songs and dances, acting out role play, exploring arts & crafts plus lots of games and fun.

https://www.eventbrite.com/e/easter-tiny-twinkles-early-years-club-tickets-249186983977

Mon 11th April-Thurs 14th April

Sports Club for ages 7-15 years

Children will have the opportunity to have fun interacting with others through a range of different sports including football, rounders, tennis and lots of fun competitions.

https://www.eventbrite.com/e/easter-holiday-camp-multi-sports-age-7-15-tickets-249247956347

Mon 11th April-Thurs 14th April

Comic Club for age 7-15 years Last few places

Children will learn a wide range of skills and produce their own comic strip. The course content covers: INTRODUCTION: An overview of comics and cartoon history and their role as tools for storytelling and communication over the years.

BASIC ANATOMY: Showing how the human body works and is designed to move.

CHARACTER DESIGN: How to work up designs for different types of characters and how they fit into the stories you want to tell.

STORYTELLING: Overview of comics storytelling, layout and structure.

SCRIPTING & LETTERING: A look at the basics of comics scriptwriting and how to produce clear lettering by hand for comics.

COLOURING: An exploration of different colouring techniques (including, if possible, computer colouring). Using the skills developed over the week, children will work on their own comic stories and by the end of the course will have produced their own complete 8-12 page comic strip.

https://www.eventbrite.com/e/easter-holiday-comic-club-age-7-15-tickets-257788270657

Mon 11th April-Thurs 14th April

Drama Club for ages 7-15 years

During the fun-filled week children will work on learning improvisation and comedy skills. There will be lots of drama games and exercises to help children develop their confidence and learn new skills. <u>https://www.eventbrite.com/e/easter-drama-club-tickets-260142321687</u>

Community Notices

Parents & Professionals SEND webinar: Study & Memory Skills

Barnet and Enfield PATOSS (Professional Association of Teachers Of Students with Specific learning difficulties) online termly meeting will be presented by Beverley Kafka, Specialist Teacher and Assessor for people with Specific Learning Difficulties. Parents and professionals are welcome to attend on: Wednesday 16th March 2022 at 7.30pm-9.00pm. Cost £5. Venue: Via Zoom.



To book a place, please email: mail@beverleykafka.com

The session will cover the following:

- How to help your students study in school
- Helping your child at home
- Memory techniques to aid learning and revision
- Ideas for use in primary and secondary schools
- Spelling strategies that work
- Coping with test and exam nerves