

Fortismere: PE Grade Descriptors

Old Level -	F/G	E	D	C	B	A	A*
New Grade -	1	2	3	4	5 6	7	8 9
Developing Technique & Performance (Hands)	I occasionally demonstrate basic skills and techniques within practice situations, but with limited success.	With consistent success I demonstrate basic skills and techniques in practice situations.	I often attempt to replicate advanced skills and techniques into pressured and competitive situations, with variable success.	I demonstrate advanced skills and techniques in pressured and competitive situations, with some success. I have an average level of fitness.	I demonstrate some advanced skills and techniques for some activities when in practice situations and sometimes when in competitive situations. I regularly participate in physical activity outside of PE and I have a good level of fitness.	I demonstrate excellent advanced skill and technique for some activities when in practice situation and competitive situations. I represent the school or Borough or higher in one activity. I have an excellent level of fitness.	I demonstrate excellent advanced skill and technique for all activities when in practice and competitive situations. I represent the County or higher in more than one activity.
Decision Making, Knowledge, and Analytical skills (Head)	I can identify a performer's strengths and areas for development, although will make some mistakes and am able to give some basic feedback. I understand and have knowledge of some of the components of fitness.	I am able to plan basic strategies that take advantage of my team's strengths, and/or exploit my opposition's weaknesses. I have some confidence and can show some independence.	I can analyse team's and individual's performance and coach a team to improve basic weaknesses. I can officiate games with some success; Showing some independence and a basic understanding of the rules and regulations of the sport.	I often have an influence on the game through my tactical and strategic knowledge. I can direct peers and teammates to follow specific instructions. This will include set plays and formations.	I can analyse and evaluate performance with close detail to technique and tactics. I am capable of implementing tactics and strategies, this will include formations and game plans.	When officiating, I display excellent communication, positioning and signalling skills and I have the confidence to assert authority by making instant and accurate decisions in any given situation. My decisions are well-informed by good knowledge of rules/laws/regulations.	I have an excellent knowledge and a very clear understanding of the rules/laws/regulations. I demonstrate an excellent knowledge and application of tactics and strategies. I am confident and successful when taking on an officiating roles
Effort, Attitude and Teamwork skills (Heart)	I rarely volunteer to become a leader. I struggle to communicate effectively with my peers or teachers. I show little resilience or effort to achieve or solve a problem.	I begin to demonstrate a consistently positive attitude and I exert effort in my favourite activities in Physical Education. Within my favourite activities I'm involved and engaged in most tasks and discussions.	I can work with peers to set up activities within a session and I play a minor role in encouraging others. I start to take responsibility of my own development and success. When faced with a problem, I start to plan methods of solving it.	I can work towards success independently or as part of a team. I am hesitant taking on a leadership role.	I offer assistance helping the teacher to deliver a practical session to others in lessons or at an extra-curricular club. I display some organisation and communication skills.	I can work effectively within a team and start to take on a leadership role. I show some motivational qualities and resilience to solve a problem.	I can plan and lead part of a session (warm up/drill/game). I am confident in most situations and display excellent organisational and communication skills. I can lead others and motivate a team.