

WEEKLY

MENU

Fortismere School - Week 2



Monday

Traditional Sausage & Mash
served with Gravy

Bell Peppers & Mixed Beans
Casserole served with Mash

Seasonal Vegetable

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Lemon Drizzle Sponge Cake

Tuesday

Moroccan Style Chicken
served with Fresh Coriander
Rice

Chickpea & Mixed Vegetable
Tagine served with Fruity Cous
Cous

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Jam & Coconut Sponge Cake

Wednesday

Chicken & Leek Pie served
with Roast Potatoes & Gravy

Layered Roast Aubergine &
Red Lentil served with Roast
Potatoes

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Chocolate Sponge Cake
served with Chocolate Custard

Thursday

Indian Style Beef Keema
served with Steamed Rice

Red Lentil Dhal with Spinach
served with Naan Bread

Seasonal Vegetables

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Apple & Cinnamon Sponge
Cake

Friday

Battered Fish & Chunky Chips

Indian Style Vegetarian Spring
Roll with Chips

Garden Peas or Baked Beans

Jacket Potato with a Choice of
Baked Beans, Tuna Mayo &
Mature Cheddar

Fruity Flapjack

Available daily

Selection of Sandwiches, Baguettes & Wraps,
Fresh Fruit Pots, Pasta Shaker Pot & a wide Range of Drinks