

Lesson	Know	Apply	Extend
1.3.1 Friction and drag	I can identify examples of drag forces and friction. <input type="checkbox"/>	I can describe the effect of drag forces and friction. <input type="checkbox"/>	I can explain the effect of drag forces and friction in terms of forces. <input type="checkbox"/>
	I can describe how drag forces and friction arise. <input type="checkbox"/>	I can explain why drag forces and friction arise. <input type="checkbox"/>	I can explain why drag forces and friction slow things down in terms of forces. <input type="checkbox"/>
	I can write down two things an object can do when the resultant force on it is zero. <input type="checkbox"/>	I can describe what happens to a moving object when the resultant force acting on it is zero. <input type="checkbox"/>	I can interpret the motion of objects subject to drag forces and friction. <input type="checkbox"/>
	I can carry out an experiment to test a prediction of friction caused by different surfaces. <input type="checkbox"/>	I can plan and carry out an experiment to investigate friction, selecting suitable equipment. <input type="checkbox"/>	I can plan and carry out an experiment, stating the independent, dependent, and control variables. <input type="checkbox"/>
1.3.2 Squashing and stretching	I can state an example of a force deforming an object. <input type="checkbox"/>	I can describe how forces deform objects. <input type="checkbox"/>	I can explain how forces deform objects in a range of situations. <input type="checkbox"/>
	I can recognise a support force. <input type="checkbox"/>	I can explain how solid surfaces provide a support force. <input type="checkbox"/>	I can explain how solid surfaces provide a support force, using scientific terminology and bonding. <input type="checkbox"/>
	I can use Hooke's Law to identify proportional stretching. <input type="checkbox"/>	I can use Hooke's Law to predict the extension of a spring. <input type="checkbox"/>	I can apply Hooke's Law to make quantitative predictions with unfamiliar materials. <input type="checkbox"/>
	I can state how you know from a graph that a relationship is linear, present data in a line graph, and identify a pattern. <input type="checkbox"/>	I can present data in a graph and identify a quantitative relationship in the pattern. <input type="checkbox"/>	I can present data in a graph and recognise quantitative patterns and errors. <input type="checkbox"/>
1.3.3 Turning forces	I can state the law of moments. <input type="checkbox"/>	I can describe what is meant by a moment. <input type="checkbox"/>	I can apply the concept of moments to everyday situations. <input type="checkbox"/>

## 1

## 1.3 Contact Forces

**Activate**  
for AQA

Lesson	Know	Apply	Extend
	I can state the equation to calculate a turning force. <input type="checkbox"/>	I can calculate the moment of a force. <input type="checkbox"/>	I can use calculations to explain situations involving moments. <input type="checkbox"/>
	I can identify questions from results with help. <input type="checkbox"/>	I can independently identify scientific questions from results. <input type="checkbox"/>	I can suggest relevant, testable questions. <input type="checkbox"/>