

Curriculum Intent

Personal, Social, Health and Economic Education (PSHE) is taught to all students in years 7-11. Our curriculum follows the government guidance on the subject, and it includes the statutory requirements for teaching Relationships and Sex Education (RSE) and Health Education. We cover the same three topics every year, building on previous knowledge and introducing new age-appropriate material.

Term 1 - Relationships

Students learn about the variety of human relationships, and how to maintain healthy relationships with others both online and in person. This incorporates Relationships and Sex Education (RSE), delivered in an age-appropriate way.

Term 2 - Health

Students learn how to look after their own physical and mental health, and how to maintain a healthy lifestyle. We consider the UK law on drugs and alcohol, and how to make sensible, informed lifestyle choices.

Term 3 - The Wider World

Students learn about finance, work, and their rights and responsibilities as a citizen. This includes careers advice, and practical information such as writing a CV and opening a bank account. We also consider the moral aspect of being a global citizen, and we look at British Values.

Yr7 (KS3)	Topic Area	Knowledge/Skills that are taught	Knowledge/Skills revisited	What does good look like?	Resources/support at home
Autumn	Relationships	<p>Learning the importance of friendship</p> <p>Developing skills in making and maintaining friendships</p> <p>Varieties of relationships (with an emphasis on friends and family)</p> <p>Staying safe online</p>	Building on RSE from Primary	<p>Knowledge & Understanding - Being able to explain healthy and unhealthy relationships</p> <p>Evaluation - Being able to judge healthy & unhealthy relationships</p>	Discuss/model the importance of healthy relationships
Spring	Health	<p>Learning about the health risks and benefits of different foods, smoking, alcohol, sleep and technology</p> <p>Evaluating religious and secular views on the above</p>	Building on Health Education from Primary	<p>Knowledge & Understanding - Being able to explain healthy and unhealthy lifestyles</p> <p>Evaluation - Being able to judge healthy & unhealthy lifestyles</p>	Discuss/model healthy choices
Summer	Wider World	<p>Learning about Racism, The Law, Human Rights, Careers</p> <p>Evaluating the effects and extent of prejudice, and our role as a global citizen</p>	Links to PRE (ethics)	<p>Knowledge & Understanding - Being able to explain the effects of prejudice, and our role as global citizens</p> <p>Evaluation - Being able to judge the effects and extent of prejudice, and our role as a global citizen</p>	Discuss issues arising in the news related to these topics

Yr8 (KS3)	Topic Area	Knowledge/Skills that are taught	Knowledge/Skills revisited	What does good look like?	Resources/support at home
Autumn	Relationships	<p>Learning the importance of healthy relationships, including friends, family, and sexual/romantic relationships</p> <p>Learning the varieties of sexual/romantic relationships</p> <p>Evaluating religious attitudes towards certain relationships (including marriage, divorce, civil partnerships, homosexuality)</p>	Builds on Relationships unit from Yr7	<p>Knowledge & Understanding - Being able to explain healthy and unhealthy relationships</p> <p>Evaluation - Being able to judge healthy & unhealthy relationships</p>	Discuss/model the importance of healthy relationships
Spring	Health	<p>Learning about different conceptions of beauty worldwide</p> <p>Considering the importance of body image</p> <p>Comparing different influences on body image, including online imagery</p> <p>Learning about the law on drugs, and the effects of Cannabis</p> <p>Learning about mental health</p>	Builds on knowledge of Health from Year 7	<p>Knowledge & Understanding - Being able to explain healthy and unhealthy attitudes to the body, and healthy and unhealthy habits</p> <p>Evaluation - Being able to recognise & judge healthy & unhealthy attitudes to the body, and healthy and unhealthy habits</p>	<p>Discuss/model healthy body image</p> <p>Discuss UK drug law</p>
Summer	Wider World	<p>Learning about Sexism, Crime, and Rights and Responsibilities</p> <p>Evaluating the effects and extent of prejudice, and our role as a global citizen</p>	<p>Builds on Wider World Unit from yr7</p> <p>Links to PRE (ethics)</p>	<p>Knowledge & Understanding - Being able to explain the effects of prejudice, and our role as global citizens</p> <p>Evaluation - Being able to judge the effects and extent of</p>	Discuss issues arising in the news related to these topics

Yr9 (KS3)	Topic Area	Knowledge/Skills that are taught	Knowledge/Skills revisited	What does good look like?	Resources/support at home
Autumn	Relationships	<p>Learning the importance of healthy relationships, including friends, family, and sexual/romantic relationships</p> <p>Learning the varieties of sexual/romantic relationships</p> <p>Evaluating religious attitudes towards certain relationships (including marriage, divorce, civil partnerships, homosexuality)</p> <p>Considering important issues connected to sexual/romantic relationships (including gender, consent, contraception, STIs, abortion, pornography)</p>	Builds on knowledge from Relationships unit in yr7 and 8	<p>Knowledge & Understanding - Being able to explain healthy and unhealthy relationships</p> <p>Evaluation - Being able to judge healthy & unhealthy relationships</p>	Discuss/model the importance of healthy relationships
Spring	Health	<p>Learning UK law on drugs, including potential punishments for possession/supply</p> <p>Learning the effects of various drugs</p> <p>Evaluating current UK law and drug classification</p> <p>Learning about FGM</p>	Builds on Health units in Year 7 and 8	<p>Knowledge & Understanding - Knowing the UK law on drugs and the effects of legal and illegal substances on the body</p> <p>Evaluation - Being able to make good decisions regarding drug use</p>	Discuss the UK law on drugs
Summer	Wider World	Learning about Homophobia, Transphobia, Neurodiversity &	Builds on Wider World units in yr7 & 8	Knowledge & Understanding - Being able to explain the effects	Discuss issues arising in the news related to

		<p>Ableism, Voting & Democracy</p> <p>Evaluating the effects and extent of prejudice, and our role as a global citizen</p>		<p>of prejudice, and our role as global citizens</p> <p>Evaluation - Being able to judge the effects and extent of prejudice, and our role as a global citizen</p>	<p>these topics</p>
--	--	--	--	--	---------------------