

# **WELCOME**

**fortismere**

**EXTRA-CURRICULAR  
ACTIVITIES**

**2017**

**MR P MICHAEL**

# PHYSICAL EDUCATION DEPT

	WHAT?	WHERE?	WHEN?	WITH WHO?
MON	<ul style="list-style-type: none"> <li>Y7-9 FOOTBALL CLUB</li> <li>Y10 FOOTBALL CLUB?</li> <li>GIRLS INDOOR FOOTBALL</li> <li>Y11 GCSE DANCE CLUB</li> </ul>	ASTRO FIELD SPORTS HALL SW HALL	3:20 3:20 3:20 3:20	MR HAWKES / MR KAY MR MICHAEL MS VANGUCCI EXTRERNAL COACH
TUES	<ul style="list-style-type: none"> <li>Y10/11/12 NETBALL CLUB</li> <li>TABLE TENNIS CLUB</li> <li>Y9-11 LUNCHTIME BASKETBALL</li> </ul>	NETBALL COURTS SOUTH WING GYM SPORTS HALL	3:20 3:20 12:25	MS VANGUCCI MR MICHAEL MR COX
WEDS	<ul style="list-style-type: none"> <li>SENIOR FOOTBALL MATCHDAY</li> <li>Y7-8 LUNCHTIME BASKETBALL</li> <li>BADMINTON CLUB</li> </ul>	FIELD SPORTS HALL SPORTS HALL	1:15 12:25 3:20	MR HAWKES / MR COX MR COX MS BAILEY
THURS	<ul style="list-style-type: none"> <li>HOCKEY CLUB</li> <li>HANDBALL CLUB</li> <li>Y7/8/9 NETBALL CLUB</li> <li>RUNNING CLUB</li> <li>KARATE CLUB</li> </ul>	ASTRO TURF SPORTS HALL NETBALL COURTS  SPORTS HALL SOUTH WING GYM	3:20 3:20 3:20  7:45AM 3.20	MR KAY EXTERNAL COACH AP SAINTS COACH / MS VANGUCCI MR COX Sensei BERISHA
FRI	<ul style="list-style-type: none"> <li>Y7 LUNCHTIME MULTI SPORTS</li> </ul>	SPORTS HALL	12:25	MR COX

**CLUBS ARE FREE OF CHARGE & OPEN TO ALL ABILITIES**

# table-tennis club

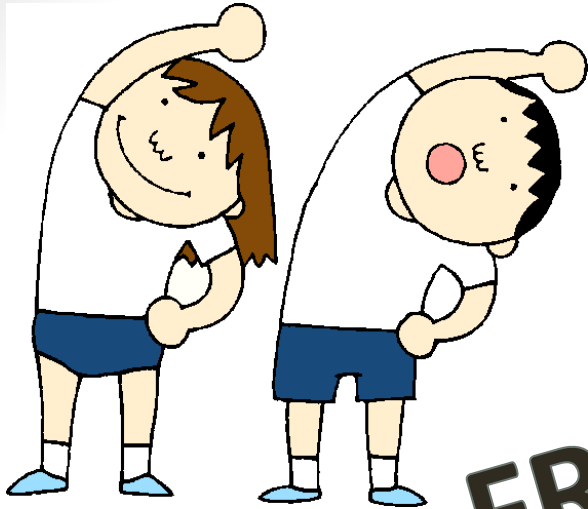


Table Tennis 2017/18

Coaching available  
TUESDAYS 3.20 – 4.40pm

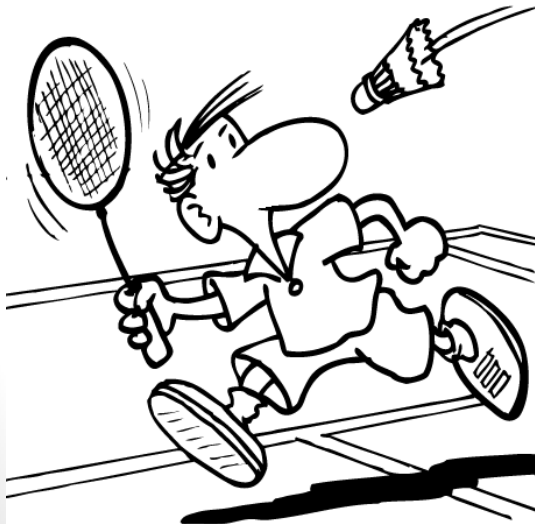


**Year 7**



**FRIDAYS LUNCHTIME**

# MULTISPORTS



**SPORTS' HALL**

  
**KEEP  
CALM  
AND  
GET FIT**

© 2013 KeepCalmStudio.com

**MR COX**



Lose clothing needed!



# KARATE



***SOUTH WING GYM  
Every Thursday  
3.30 until 4.40pm***

I ♥  
Field Hockey



Play HOCKEY

**THURSDAYS: 3.20 – 4.30pm**  
**ALL WELCOME!**



Mr Kay



# HANDBALL CLUB



**FOR EVERYONE!**

***THURSDAY: AFTER SCHOOL***

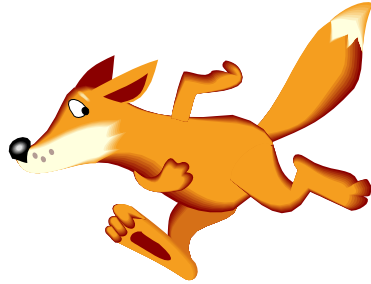
***Until 4.45pm***

**FORTISMERE EXTRA-CURRICULAR**

# ***RUNNING CLUB***

***THURSDAY MORNINGS***

***7.45am***



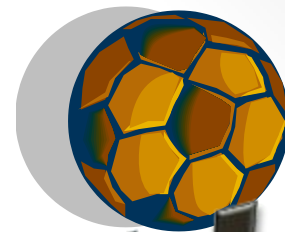
***ALL WELCOME!***



***EXTRACURRICULAR***

**MR COX**





# FOOTBALL CLUB

***BOYS: YEAR 7 & 8***  
***MONDAYS: 3.20-4.45pm***  
***(astro)***



**BOYS: YEAR 10**  
**MONDAYS: 3.20-4.45PM**

**FORTISMORE EXTRA-CURRICULAR**

**GIRLS**

Ms Vangucci

# **INDOOR Football club**



**MONDAYS: 3.20 – 4.30pm**

**...ALL WELCOME!**



# BASKETBALL CLUB

**YEAR 7&8:**

***WEDNESDAY: Lunch time***

**YEAR 9-11:**

***TUESDAY: Lunch time***



**FORTISMERE EXTRA-CURRICULAR**

**KS3: Wednesdays 3.30–4.30pm, N6**



**ART CLUB**

**GCSE CATCH UP: FRIDAYS 3.30 - 5.0pm**

**PHOTOGRAPHY: N6**

**ART: N5**



# CHESS CLUB



**THE CHESS CLUB MEETS : THURSDAY AND FRIDAY LUNCHTIMES IN T9**

# Athletics

## Sessions at New River

### Monday

5.00pm - 6.15pm Age 9-12 Athletics Multiskills with Ieva Usackyte (£1.50 track fee)

6.30pm - 8.00pm Age 13+ Middle Distance Improvers & Elites with Ieva Usackyte (£1.50 track fee)

### Tuesday

4.00pm - 5.30pm Age 8+ Health & Wellbeing through Running with Peter Scott (**Free**)

6.00pm - 8.00pm Age 13+ Sprints with Frank Adams (£1.50 track fee)

### Wednesday

5.00pm - 6.15pm Age 9-12 Athletics Multiskills with Ieva Usackyte (£1.50 track fee)

6.30pm - 8.00pm Age 13+ Middle Distance Improvers & Elites with Ieva Usackyte (£1.50 track fee)

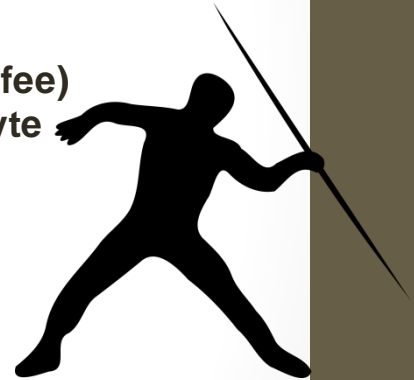
### Thursday

6.00pm - 8.00pm Age 13+ Sprints with Frank Adams (£1.50 track fee)

### Friday

5.00pm - 6.15pm Age 9-12 Athletics Multiskills with Ieva Usackyte (£1.50 track fee)

6.30pm - 8.00pm Age 13+ Middle Distance Improvers & Elites with Ieva Usackyte







At

fortismere

1. **Orchestra** – Mondays after school; music concert hall 3.30-4.15pm
2. **Year 7-8 Choir** – Tuesdays; Mu1 12.30-1pm
3. **Big Band** – Tuesdays; music concert hall 3.30-4.15pm





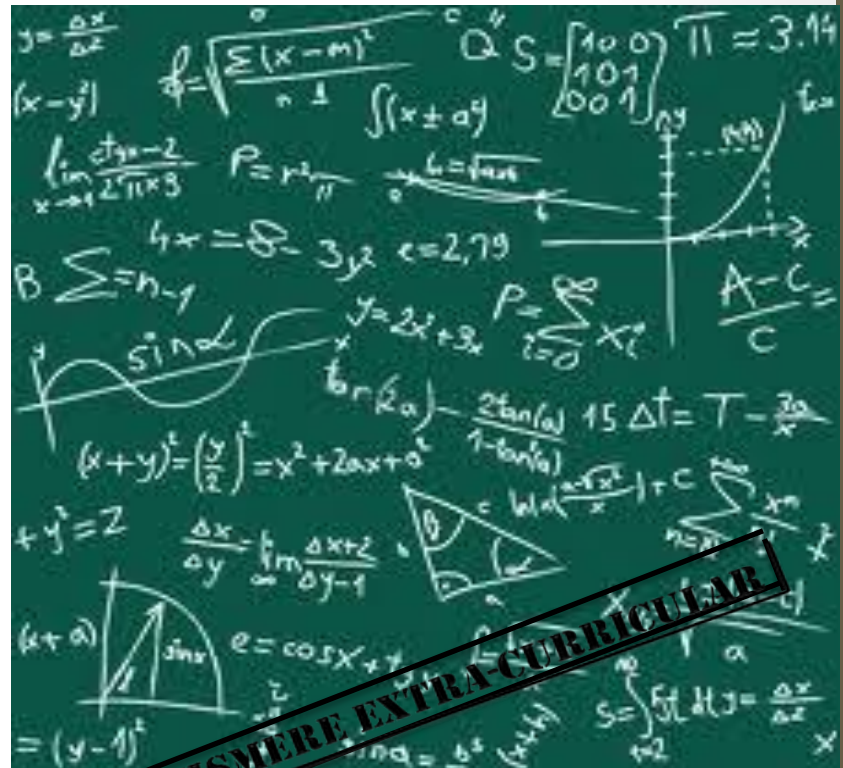
## **FORTISMERE COMMUNITY SYMPHONY ORCHESTRA**

**FOR: SCHOOL STAFF /STUDENTS /PARENTS /CARERS  
TUESDAYS, 7PM – 9PM in the Music Hall**

# Mathematics Department Workshop

## Lunchtime & After School

<b>*Monday afternoon</b>	<b>S26/S02a</b>
<b>*Tuesday lunch-time</b>	<b>S26/S02a</b>
<b>*Wednesday afternoon</b>	<b>S19/S32</b>
<b>*Thursday lunchtime</b>	<b>Maths rooms</b>



Help with:

Revision - Exam Papers - Questions - Exam Tips  
How to find solutions - What have I done wrongly?  
Why does this work?  
Stuck with homework?



# Love MATHEMATICS?

# LIBRARY

Harry Potter



**Charity stuff** /eg World's Biggest Coffee Morning cake sale for ,  
Macmillan Cancer Trust : 26th September

## **Book groups:**

Royal Society Young People's Book Prize (judging panel)

**Years 7 and 8** – Tuesday lunchtimes (until October)

Haringey Children's Book Award (judging panel)

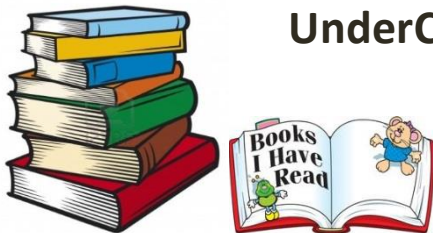
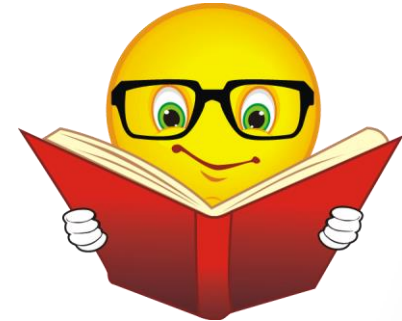
**Year 7** – **January to March**

**Carnegie Shadowing group**

**Year 8** - April to June (Tuesday lunchtimes)

**Year 9** - Book Group (Friday lunchtimes)

**Cover Up** – staff/parent reading group –  
Thursday evenings once a half term



**UnderCover** – 6th form reading group – Monday lunchtimes

# LIBRARY

**More information: Ms G Ward**



## FORTISMERE COMMUNITY CHOIR

Fortismere Community Choir has been an important part of Fortismere School and particularly the Fortismere Music Centre for a number of years. It is an unashamedly un-auditioned choir which comprises singers of all abilities: - whether you are accomplished and are able to read music or whether you simply enjoy singing but cannot read music; **a warm welcome awaits you.**

Rehearsals take place every Saturday in term time from 10.30am until 1pm; there is also a very important coffee and cake break incorporated into the rehearsal time! The choir performs at least twice a year (usually in St Andrew's Church, Alexandra Park Road) with an orchestra and soloists.





**ENGLISH**

Stories

Poetry

LYRICS

# CREATIVE WRITING WORKSHOP

DARE  
TO  
WRITE  
IT:

**WEDNESDAYS 3.30 – 4.40pm**  
**Library**



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Narrative

Ms Massey





**GIRLS**

***NETBALL***

YEAR 7 & 8  
THURSDAY  
NETBALL COURTS  
3.20 – 4.30

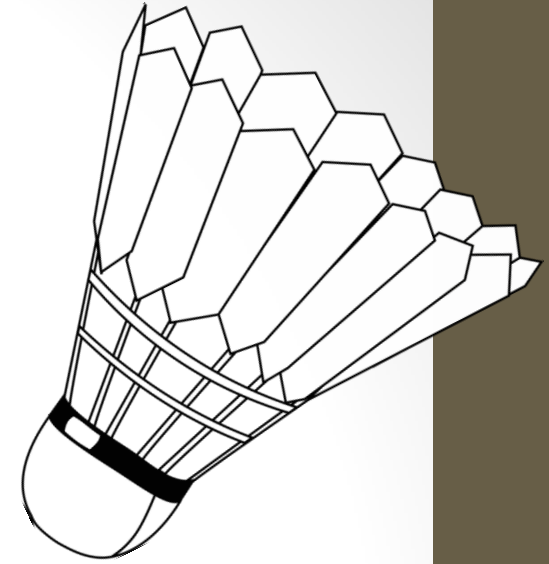
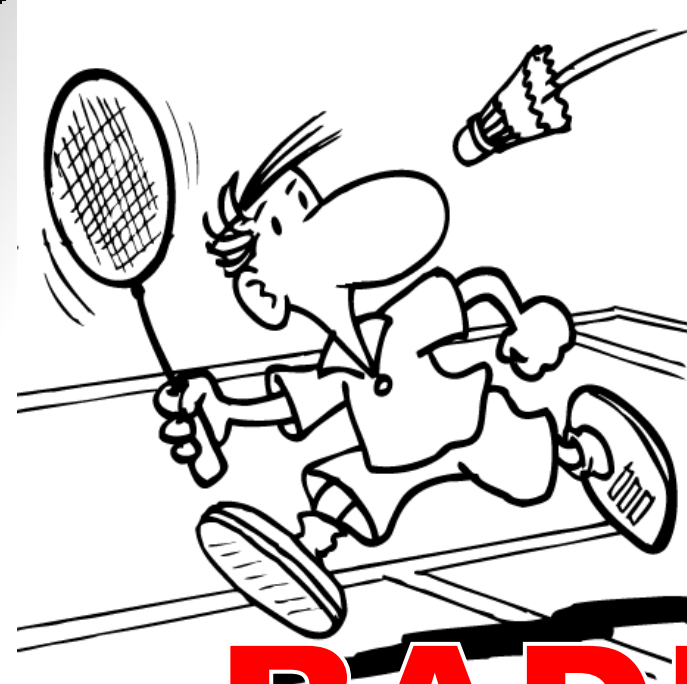
***CLUB***

**YEARS 9,10,11,12**

**Netball courts**

Ms Vangucci/Ms Williams

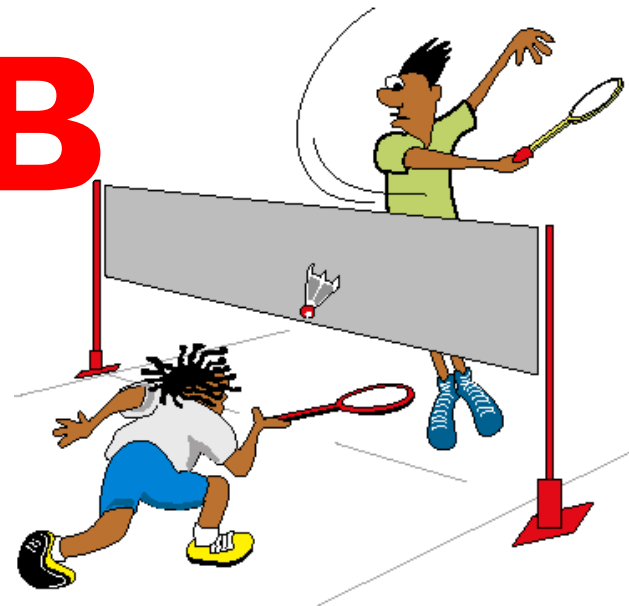




# BADMINTON CLUB

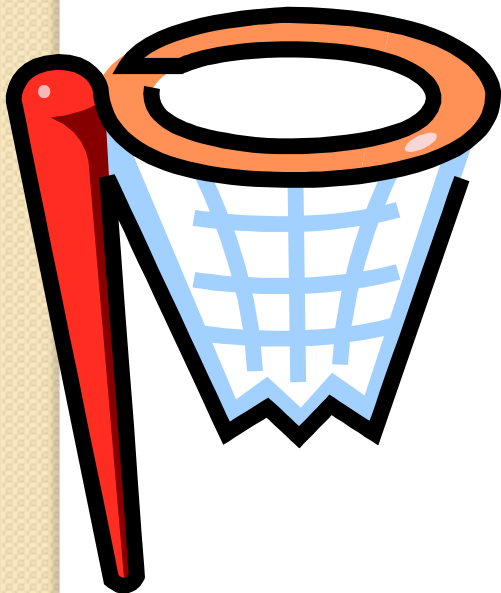
Wednesday 3.20

Ms Bailey



**GIRLS**

# **NETBALL CLUB**



**YEAR 7 & 8  
THURSDAY  
NETBALL COURTS  
3.20 – 4.30**

**AP Saints Coach and Ms Vangucci**





# Y11 GCSE DANCE



**MONDAYS**

**3.20- 4.20**

**South Wing Hall**

**External coach**





EVOLUTION OF THE											LATIN ALPHABET													
NORTH - SEMITIC				GREEK			ETRUSCAN		LATIN		ROMAN	ROMAN	ANGLO-IRISH	CAROLINE	BLACK LETTER	MODERN CAPITALS			MODERN LOWER CASE					
NORTH-SEMITIC	PHOENICIAN	NAME	PHONETIC VALUE	EARLY	CLASSICAL	NAME	EARLY	CLASSICAL	EARLY	MONUMENTAL (CLASSICAL)	MAJUSCULE	CURSIVE	MINUSCULE	UNCIALS	MAJUSCULE	MINUSCULE	MINUSCULE	"GOTHIC"	ITALIC	ROMAN	"GOTHIC"	ITALIC	ROMAN	
K	𐤀	ALEPH	ʾ	𐤀	Α	ALPHA	𐤀	Α	A	A	Λ	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
G	𐤁	BETH	b	𐤁	Β	BETA	𐤁	Β	B	B	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Γ	𐤂	GIMEL	g	𐤂	Γ	GAMMA	𐤂	Γ	Γ	Γ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Δ	𐤃	DALETH	d	𐤃	Δ	DELTA	𐤃	Δ	Δ	Δ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ε	𐤄	HE	h	𐤄	Ε	EPSILON	𐤄	Ε	Ε	Ε	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Υ	𐤅	WAW	w	𐤅	Ϝ	DIGAMMA	𐤅	Ϝ	Ϝ	Ϝ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
I	𐤆	ZAYIN	z	𐤆	Ζ	ETA	𐤆	Ζ	Ζ	Ζ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Θ	𐤇	HETH	h	𐤇	Η	THETA	𐤇	Η	Η	Η	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ζ	𐤈	TETH	t	𐤈	Θ	IOTA	𐤈	Θ	Θ	Θ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Λ	𐤉	YOD	y	𐤉	Ι	KAPPA	𐤉	Ι	Ι	Ι	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ϝ	𐤊	LAMED	l	𐤊	Κ	LAMED	𐤊	Κ	Κ	Κ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
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Ν	𐤌	NUN	n	𐤌	Μ	NU	𐤌	Μ	Μ	Μ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ξ	𐤍	SAMEKH	s	𐤍	Ν	Xi	𐤍	Ν	Ν	Ν	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ο	𐤎	ZAYIN	z	𐤎	Ξ	OMICRON	𐤎	Ξ	Ξ	Ξ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Π	𐤏	PE	p	𐤏	Ο	PI	𐤏	Ο	Ο	Ο	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ϙ	𐤐	SADE	s	𐤐	Π	RHO	𐤐	Π	Π	Π	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
ϙ	𐤑	RES	r	𐤑	Ρ	RHO	𐤑	Ρ	Ρ	Ρ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
Ϡ	𐤒	SIN	sh-s	𐤒	Σ	SIGMA	𐤒	Σ	Σ	Σ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a
ϡ	𐤓	TAW	t	𐤓	Χ		𐤓	Χ	Χ	Χ	Β	U	λ	λ	Α	α	α	α	A	A	a	a	a	a

An opportunity to learn a historic language and understand a beautiful culture!



**An opportunity to learn a historic language and understand a beautiful culture!**

**THURSDAYS S12 (3.30 – 4.30pm)**





Learn the **Ancient Greek** language at the  
-Camden School for girls  
-MONDAYS and THURSDAYS  
-From 4.pm





## Fortismere Music Extra-Curricular Timetable 2017-18

Ensemble		Room	Times	Year Group	Standard	Staff
<b>Monday</b>	Blanche Nevile	Mu1	3.30-4.30pm		By invitation	External musicians
	Music tech/ Recording club	Mu4	12.30-1pm	Y7-13	All welcome	Mr Lavelle
	Orchestra	Concerthall	3.30-4.15pm	Y7-13	Gr3+	Ms Ogilby
	Junior String Ensemble	Concerthall	12.30-1.00pm	Y7-9	Gr1-3	Jayne Wright
<b>Tuesday</b>	Acoustic Guitar Group (popular song)	Mu1	12.30-1pm	Y7-13	All welcome	Matt Lomas
	Year 7&8 choir	Mu1	12.30-1pm	Y7&8 only	All welcome	Ms Ogilby & Charlie Jones
	Community Orchestra FMC	Concert Hall	7.00-9.00pm	Open to adults & students	Gr 7+ players	Conductor: Thomas Gregory
	Concert Band (Wind & Brass & Percussion)	Concert Hall	3.30-4.15pm	Y7-13	Gr2+ esp. saxophones	Ms Topping
<b>Wednesday</b>	Vocal Ensemble	MU2	12.30-1.00pm	Y9-13	All welcome	Ms Le Brun
	Samba Band	Concert Hall	3.30-4.15pm	Y7-13	All welcome	Ms Le Brun
	Gospel Choir	Mu1	3.30-4.00pm	Yr7-13	All Welcome	Collette Allen
<b>Thursday</b>						
<b>Friday</b>	Drum heads	Concert Hall	12.30-1pm	Y7-13	All welcome	John Dillon
<b>Saturday FMC</b>	Community Choir FMC	Concert Hall	10.30-1.00pm	Open to Adults and students (£35) Y10+	All welcome	Conductor: Marvin Perrott