

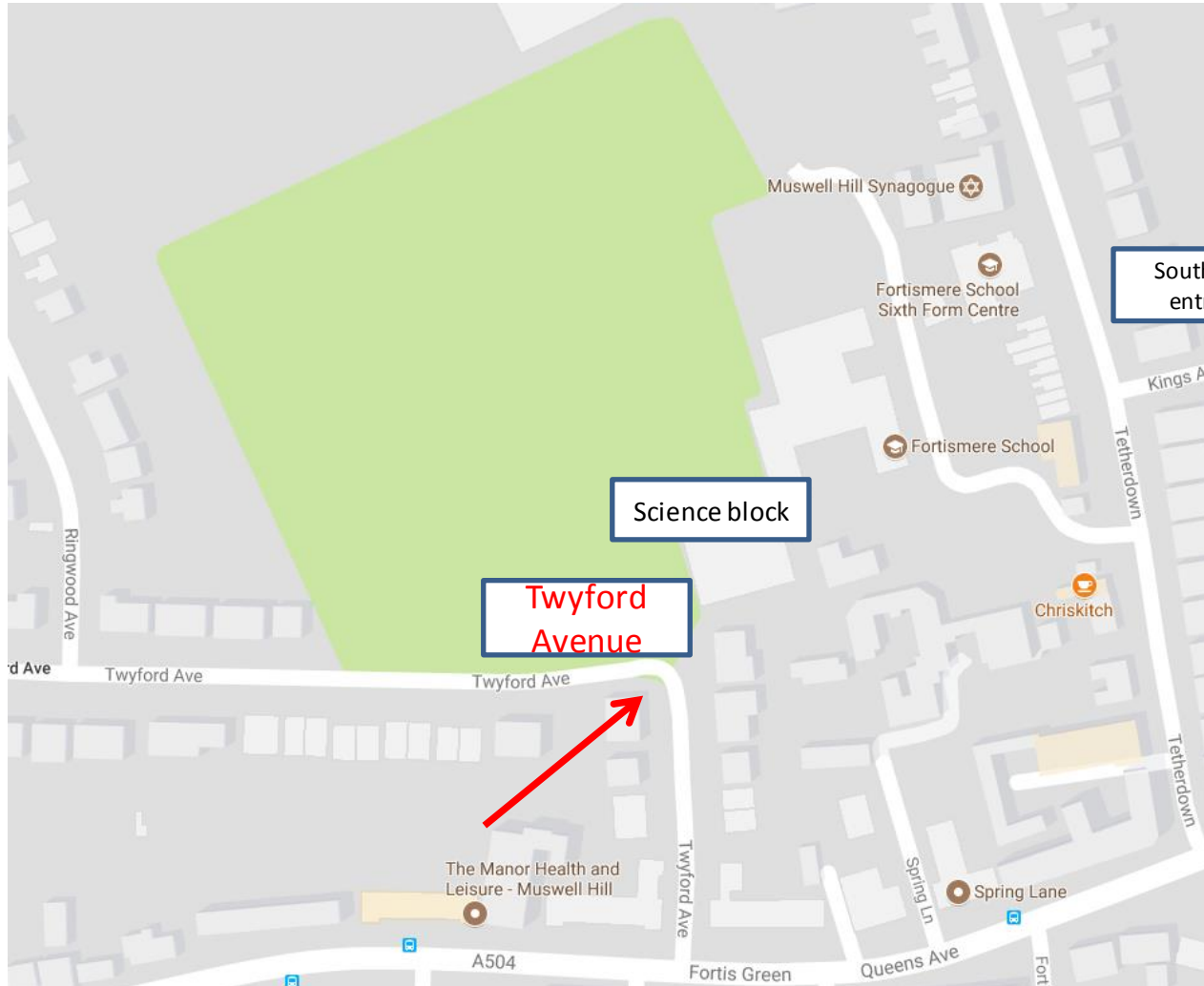
Please find all of the information
you need here.

Where is Tolmers?

Hertfordshire EN6 4JS



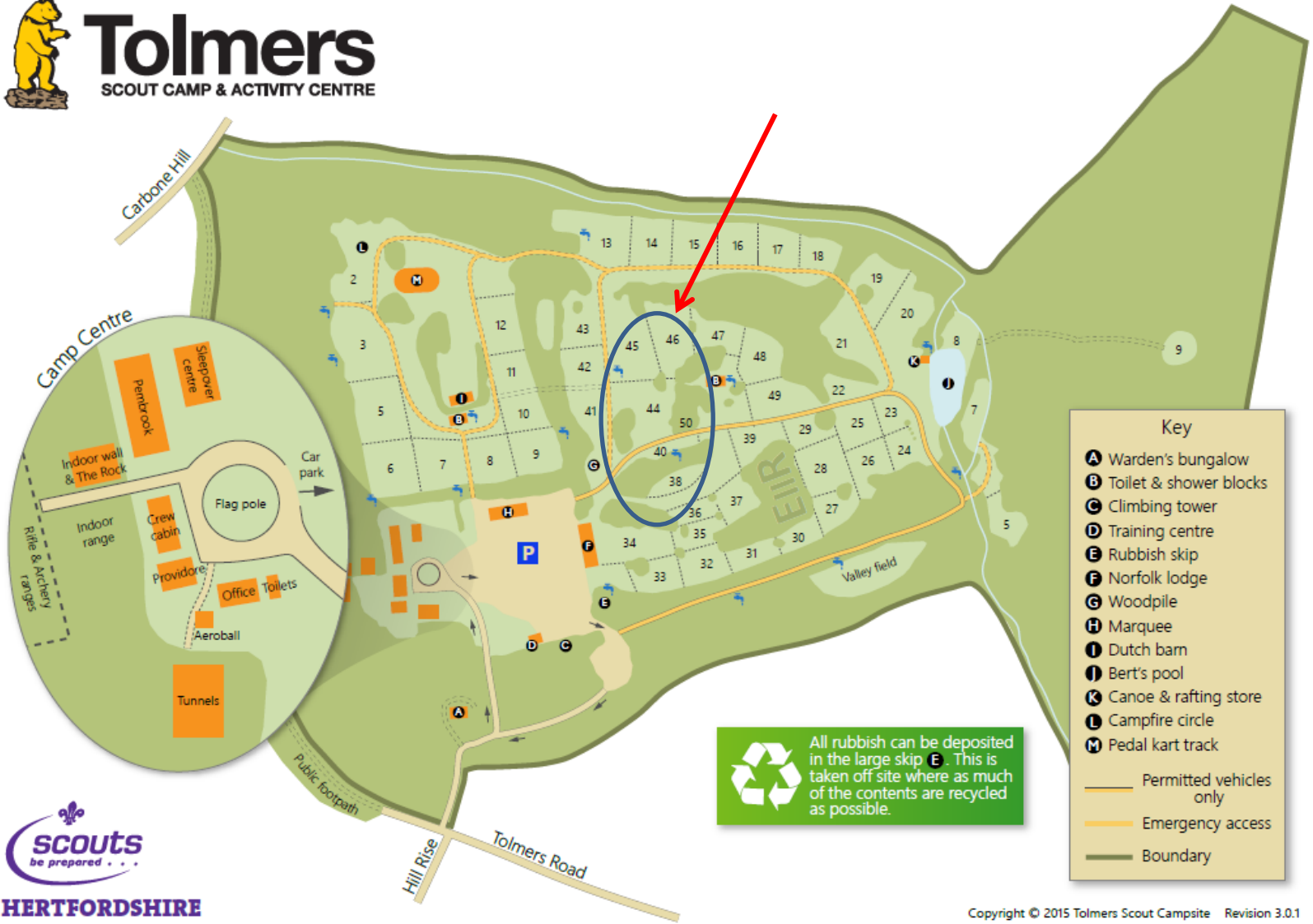
The coach pick up and drop off



- Situated about a mile from the village of Cuffley, the site is 100 acres, with about 70 acres of grass interspersed with tree plantations, the remaining 30 acres being woodland.



Tolmers
SCOUT CAMP & ACTIVITY CENTRE



Key	
A	Warden's bungalow
B	Toilet & shower blocks
C	Climbing tower
D	Training centre
E	Rubbish skip
F	Norfolk lodge
G	Woodpile
H	Marquee
I	Dutch barn
J	Bert's pool
K	Canoe & rafting store
L	Campfire circle
M	Pedal kart track
	Permitted vehicles only
	Emergency access
	Boundary

All rubbish can be deposited in the large skip **E**. This is taken off site where as much of the contents are recycled as possible.



Team Spirit

- The Tolmers experience is about confidence building, new experiences, team building and healthy and fun competition.
- On all activities, students will have to wait their turn but everyone will have a go at 6 different activities.
- During the day, children will be accompanied by one member of staff from Fortismere and one member of staff from Tolmers.

The Plan

- Friday 6th October
- Leave school at 8.35am
- Arrive at Tolmers at 9.35am
- Have a safety talk
- Activities – 10 to 1 pm (3 activities = 3 hours)
- Lunch – 1pm to 2pm
- Activities – 2pm to 5pm
- Evening meal – 6 pm
- Camp fire – 8pm
- SLEEP
- Saturday 7th October
- Breakfast at 9am
- Leave Tolmers at 10am
- Return to Twyford approx 11a,

Toilets and showers



- There are four toilet blocks all have hot and cold running water.
- The two main blocks are placed centrally in the two main camping areas, and provide shower facilities too.
- All toilet blocks are regularly inspected and cleaned by volunteer service crew.
- Everyone is responsible to clean up after themselves and keep the facilities tidy.

Eating



- There is a large covered marquee that will hold all of the students and teachers.
- If you are Vegetarian or have a special dietary requirement and have told ms arrowsmith in advance, then you will be given a token to show the caterers when you eat.



The Menu

- Friday lunch
 - Jacket potatoes with fillings – butter, tuna mayo, cheese, beans and coleslaw + salad
 - Crisps, fruit, yoghurts and cakes / biscuits.
- Friday evening
 - Chicken korma + rice + salad + naan bread
 - OR
 - Beef lasagne + bread + salad
 - OR
 - Vegetarian lasagne + bread + salad
- Saturday morning (buffet style)
 - Fruit / cereals / toast + jam
 - Cooked option of bacon, poached eggs, sausages, beans and hash browns

Camping

- There will be one night of camping
- Tents will be pitched and taken down by the Tolmers staff
- The tents are for 5 people – you will choose who you sleep with
- Boys and girls must be in separate tents
- Camping is an experience
- Camping is not a 5* hotel !
- We are allowed to have a fire !

Weather

- There is no such thing as the wrong weather, only the wrong choice of clothes!
- Check the weather forecast and bring clothing that is suitable for the predicted weather.
- Tolmers only close down if there is a gale where winds are 28 mph (this is unlikely in October)
- It will be cold at night so bring warm layers

What to bring and not bring

You will need to bring

- Warm clothes – eg fleeces
- Waterproof clothes – if it's raining
- One change of clothes
- Torches or a torch
- A sleeping bag
- A sleeping mat or inflatable mattress
- A battery operated pump (if you have one – if not, we have some spares)
- Something to sit on (for round the fire)
- A toothbrush and toothpaste
- Some snacks (no peanuts please)
- Some money if you want to buy drinks from the vending machine (vending machine takes the new £1 coins. Drinks range from 80p to £1.40)
- Cards or other games that you may want to play
- Any medication that you need
- A good sense of humour and patience!

You will NOT need to bring

- Your own tent – Tolmers will put this up for you and take it down
- A suitcase of clothes
- Stuff for a shower – go home smelly!
- Anything electrical – this is camping not glamping

Phones

- In line with our school policy, mobile phones are not permitted in school or on school visits.
- The teachers all have the phone numbers of the parents and carers and the school mobile is **07391904898**
- If any person wants to contact home (for whatever reason) then they **MUST** do this through a teacher.
- If a parent needs to contact the teachers (for whatever reason) then they **MUST** do this by calling the school mobile.
- If you want to take photos, then you should have a camera.

Risks

- All activities will be accompanied by a trained member of staff from Tolmers and a member of staff from Fortismere.
- Tolmers is a large camp site set in woodland and grass land and there are potentially many risks on the site.
- All students need to be fully aware that they are responsible for their own sensible behaviour around the site and that they stay in a group and make sure that their leader knows where they are.
- All students must register regularly with the teacher in charge of that group so it is vital that you all know which group you are in.

Groups

- On the day you will be divided into 12 groups. The groups are designed this way so that you get to know as many people in year 7 as possible.
- These groups are displayed in North and South Wing. (North Wing after the open evening)
- If you have any concerns then let Ms Arrowsmith know before the trip.
- **However, when you are eating, sitting round the camp fire or being in your tent, you can be with whoever you want to.**

Optional Homework

- All groups will have the name of a scout or explorer.
- You could find out about your named explorer.
- You could make their life adventure your next reading book!

1 – Christopher McCandless	2 – Nellie Bly
3 – Joe Simpson	4 – Dervla Murphy
5 – Robert Baden-Powell	6 – Cheryl Strayed
7 – Ranulph Fiennes	8 – Belinda Kirk
9 – Bear Grylls	10 – Kate Marsden
11 – Tom Avery	12 – Mary Kingsley

Frequently asked questions

Question

- When will we get there?
- When is lunch?
- When is dinner?
- When will the coach be here?
- How long is it until x o'clock?

Answer

- When we get there.
- At lunch time.
- At dinner time.
- When it gets here.
- Look at your watch.

Finally

- Thank you for your enthusiasm and communication BUT this trip would not have been able to go ahead without the approval of the co-headteachers and especially the teachers who have volunteered to spend the night camping.
- We hope that this is a really enjoyable and fun excursion for the new year 7's.