

Yr7 (KS3)	Topic Area	Knowledge/Skills that are taught	Knowledge/Skills revisited	What does good look like?	Resources/support at home
Autumn	Relationship s	Learning the importance of friendship Developing skills in making and maintaining friendships Varieties of relationships (with an emphasis on friends and family) Staying safe online	Building on RSE from Primary	Knowledge & Understanding - Being able to explain healthy and unhealthy relationships Evaluation - Being able to judge healthy & unhealthy relationships	Discuss/model the importance of healthy relationships
Spring	Health	Learning about the health risks and benefits of different foods, smoking, alcohol, sleep and technology Evaluating religious and secular views on the above	Building on Health Education from Primary	Knowledge & Understanding - Being able to explain healthy and unhealthy lifestyles Evaluation - Being able to judge healthy & unhealthy lifestyles	Discuss/model healthy choices
Summer	Wider World	Learning about Racism, The Law, Human Rights, Careers Evaluating the effects and extent of prejudice, and our role as a global citizen	Links to PRE (ethics)	Knowledge & Understanding - Being able to explain the effects of prejudice, and our role as global citizens Evaluation - Being able to judge the effects and extent of prejudice, and our role as a global citizen	Discuss issues arising in the news related to these topics



Yr8 (KS3)	Topic Area	Knowledge/Skills that are taught	Knowledge/Skills revisited	What does good look like?	Resources/support at home
Autumn	Relationship s	Learning the importance of healthy relationships, including friends, family, and sexual/romantic relationships Learning the varieties of sexual/romantic relationships Evaluating religious attitudes towards certain relationships (including marriage, divoce, civil partnerships, homosexuality)	Builds on Relationships unit from Yr7	Knowledge & Understanding - Being able to explain healthy and unhealthy relationships Evaluation - Being able to judge healthy & unhealthy relationships	Discuss/model the importance of healthy relationships
Spring	Health	Learning about different conceptions of beauty worldwide Considering the importance of body image Comparing different influences on body image, including online imagery Learning about the law on drugs, and the effects of Cannabis Learning about mental health	Builds on knowledge of Health from Year 7	Knowledge & Understanding - Being able to explain healthy and unhealthy attitudes to the body, and healthy and unhealthy habits Evaluation - Being able to recognise & judge healthy & unhealthy attitudes to the body, and healthy and unhealthy habits	Discuss/model healthy body image Discuss UK drug law
Summer	Wider World	Learning about Sexism, Crime, and Rights and Responsibilities Evaluating the effects and extent of prejudice, and our role as a global citizen	Builds on Wider World Unit from yr7 Links to PRE (ethics)	Knowledge & Understanding - Being able to explain the effects of prejudice, and our role as global citizens Evaluation - Being able to judge the effects and extent of prejudice, and our role as a global citizen	Discuss issues arising in the news related to these topics



Yr9 (KS3)	Topic Area	Knowledge/Skills that are taught	Knowledge/Skills revisited	What does good look like?	Resources/support at home
Autumn	Relationship s	Learning the importance of healthy relationships, including friends, family, and sexual/romantic relationships Learning the varieties of sexual/romantic relationships Evaluating religious attitudes towards certain relationships (including marriage, divoce, civil partnerships, homosexuality) Considering important issues connected to sexual/romantic relationships (including gender, consent, contraception, STIs, abortion, pornography)	Builds on knowledge from Relationships unit in yr7 and 8	Knowledge & Understanding - Being able to explain healthy and unhealthy relationships Evaluation - Being able to judge healthy & unhealthy relationships	Discuss/model the importance of healthy relationships
Spring	Health	Learning UK law on drugs, including potential punishments for possession/supply Learning the effects of various drugs Evaluating current UK law and drug classification Learning about FGM	Builds on Health units in Year 7 and 8	Knowledge & Understanding - Knowing the UK law on drugs and the effects of legal and illegal substances on the body Evaluation - Being able to make good decisions regarding drug use	Discuss the UK law on drugs



Summer	Wider World	Learning about Homophobia, Transphobia,	Builds on Wider	Knowledge & Understanding -	Discuss issues arising
		Neurodiversity & Ableism, Voting & Democracy	World units in yr7 &	Being able to explain the effects of	in the news related to
			8	prejudice, and our role as global	these topics
		Evaluating the effects and extent of prejudice, and		citizens	
		our role as a global citizen			
				Evaluation - Being able to judge	
				the effects and extent of	
				prejudice, and our role as a global	
				citizen	